Resort & Conference Center at Hyannis
Cape Cod, Massachusetts

THE 28TH ANNUAL
CAPE COD SYMPOSIUM ON ADDICTIVE DISORDERS

September 10-13, 2015
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C4 Recovery Solutions (C4) is honored present the 28th annual Cape Cod Symposium on Addictive Disorders. The mission of C4, a non-profit organization, is to improve the accessibility and quality of addiction treatment, and to promote long-term recovery solutions. C4 uses four Cs - Collaboration, Convening, Conferencing, and Consultation to achieve its goals. In addition to CCSAD, C4 operates three other premier addiction conferences – C.O.R.E. (Clinical Overview of the Recovery Experience), WCSAD (West Coast Symposium on Addictive Disorders), and aXis (addiction eXecutives industry summit). We invite you to explore our array of educational opportunities.

We are indeed grateful for the commitment and support of the organizations that have made CCSAD possible. The agencies represented range from local 12-step groups to national and international corporations, yet each focuses on providing support and assistance to people struggling with addictive disorders. Their continued support and involvement has enabled the Symposium to continue to offer the broadest, most challenging education at very cost-effective rates. We welcome you to become part of the C4 Recovery Solutions family.

We offer a special debt of gratitude to our Presenting Patron and Collaborators as well as our Platinum, Gold, Silver, and Bronze Patrons, who with their generous support and underwriting allow us to continue to provide you with the best return on your investment of time, energy and money.
“We founded this company with a mission to help people in treatment by partnering with their hardworking providers. Even after tremendous growth, that hasn’t changed. We’re a drug testing lab that always comes from a place of compassion, because we understand treatment.”

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CCSAD Welcomes Service Animals

All service animals are welcome at CCSAD but must have visible indication/work vest and documentation at the ready. Service animals are welcome in common areas and at conference-related workshops and events.
Wednesday, September 9th
6:00 – 8:00 PM
Registration – Barnstable II

Thursday, September 10th

PRE-SYMPOSIUM
6:00 AM
Caron Café opens hosted by Caron Treatment Centers
7:30 AM
Registration – Barnstable II
8:00 AM
Fred French Scramble Golf Tournament

Sign up online or by using the Golf Registration form.

Join us for the Annual

CCSAD
Fred French Golf Scramble

Thursday, September 10
8:00 a.m. Shotgun Start

Join us for a fantastic networking opportunity at the beautiful Hyannis Golf Course. Use the Registration Form on the back page or register online at www.CCSAD.com.

7:30 AM – 8:30 AM
Continental Breakfast
Hosted by English Mountain Recovery

PRE-SYMPOSIUM - All Day Workshops: 8:30 AM - 5:00 PM

#100. New and Improved! Motivational Interviewing Revisited, 30 years later...
Stephen Andrew, LCSW, LADC, CCS, CGP
Level of Instruction: Introductory/Intermediate
Motivational Interviewing is an evidenced based clinical method that continues to evolve based on the practice of deeply listening to the voices of clients and patients. We will exploring what Motivational Interviewing is, where it’s changing and what is new and improved about it.

#101. DOT Substance Abuse Professional 6 Hour Refresher Course
Laura Dashner, LCSW, ASAP
Level of Instruction: Intermediate
The role of DOT Substance Abuse Professional (SAP) is one of critical importance. As the “Gatekeeper” in the Department of Transportation return to duty process, the SAP directly impacts the safety of the public. The DOT SAP Refresher Course is designed to provide Substance Abuse Professionals with a review of relevant DOT drug and alcohol testing rules, an overview of changes to the regulations in the past 4 years and clarification of commonly encountered DOT Operating Administration (Mode) specific regulatory questions.

#102. Ethics and the Law in Clinical Practice
Patrick DeChello, PhD, LCSW, MSW, RPh
Level of Instruction: All
The purpose of this workshop is to assist participants in understanding how legal and ethical practice affects treatment outcomes and can increase liability. A review of ethical scenarios based on actual practice will afford the participant to understand the practical application of the laws and ethics. Client rights, HIPPA standards, Tarasoff, standard practices, ethical application of the laws and treatment criteria, suicide assessment, clinician impairment and limitation of liability are all issues covered in this workshop.
#103. The Issues Live In the Tissues - Connecting The Dots Between Neuroscience, Trauma Healing, Yoga & The 12-Step Program
R. Nikki Myers, SEP, YT, MBA
Level of Instruction: All
This workshop presents a framework for relapse prevention that includes the cognitive approach of the 12-step program, the trauma healing approach of Somatic Experiencing and the body-based approaches offered by yoga and mindfulness practices. Utilizing material from ancient texts, trauma research as well as information and data from modern neuroscience studies, we will discuss exactly how combining the cognitive and somatic approaches can support changes in brain patterning. This holistic framework, based in the theme, ‘The Issues Live in Our Tissues’, presents a holistic relapse prevention model that support compassionate awareness, change and healing.

#104. Language as a Catalyst for Change
Tim Cheney, BA, CPC, CIPC, Rick Hubbard, LCDC-I, REBECCA KURTZ, BA & Mary Woods, RNC, LADC, MSHS
Supported by Chooper's Guide & WestBridge
Level of Instruction: All
Despite dramatic advances in science (neuroscience, epigenetics, and the social sciences) and our understanding of addictive and mental health disorders, the language we use to describe them reflects the moral, cultural, and political attitudes that were held 85+ years ago. The result is the pervasive, ongoing and life threatening discrimination against those with the disorders, and the perpetuation of negative and stereotypical beliefs that prevent access to appropriate health care and threatens successful recovery. This panel will discuss how language has created and maintained the disconnect between the current biopsychosocial empirical knowledge of addictive and mental health disorders. It will provide an historical and sociopolitical overview of language use and propose processes that will facilitate change throughout society. It will discuss the role that treatment providers can play in structuring a new and medically-based taxonomy for mental health and addictive disorders. The panel will then engage attendees in the discussion.

10:00 AM – 10:30 AM  Morning Break Hosted by Coast to Coast Medical Solutions

PRE-SYMPOSIUM - Morning Workshop: 8:30 AM - 12:00 PM

#125. Family Education and Support When a Family Member Has a Co-Occurring Mental Illness and Substance Use Disorder (Part of the IAFAP Family Track)
Lindy Fox Smith, MA, LADC
Supported by WestBridge Community Services
Level of Instruction: Introductory/Intermediate
This workshop will describe an evidence-based model of family psycho-education where a family member has a co-occurring disorder. It will review the principles of psycho-education and describe the other skills necessary for the intervention such as motivational strategies, skills training, CBT, and taking a stage-wise approach with the family. The use of educational handouts will be presented and the importance of sticking to the session format will be described. Goals and homework will be discussed at the end of the session.

PRE-SYMPOSIUM - Afternoon Workshop: 1:30 PM - 5:00 PM

#150. When We Get Behind Closed Doors: Clinical Supervision for Patient Safety and Clinician Growth.
Alan Lyme, LISW, ICCS, ICADC
Supported by Phoenix Center
Level of Instruction: Intermediate/Advanced
As the substance use and mental health field is constantly changing, clinical supervision is the cornerstone for staff development and quality assurance. Whether a seasoned veteran or fresh-out-of-college, addictions counselors legally and ethically need clinical supervision. How well that supervision is managed may have an impact not only on the clinician but also on the experience and outcome for each client. This overview of clinical supervision will offer a window into managing staff needs in an array of issues, and will address not only the challenges that quality supervision presents but also some solutions that may help both supervisor and supervisee get more from the experience.

3:00 PM – 3:30 PM  Afternoon Break Hosted by National Council on Behavioral Health

NATIONAL COUNCIL FOR BEHAVIORAL HEALTH STATE ASSOCIATIONS OF ADDICTION SERVICES
Stronger Together.
MAIN SYMPOSIUM

5:30 PM - 7:00 PM  Hors d’oeuvres & Networking Reception
Please come celebrate the opening reception of the 28th Annual Cape Cod Symposium on Addictive Disorders hosted by The Meadows with a delicious Hors d’oeuvre reception in the Exhibit Hall

6:45 PM  Welcome
Dee K. McGraw, MSW, Director of Education & Event Services, C4 Recovery Solutions
Rickard Ohrstrom, Chairman, C4 Recovery Solutions
Patty Evans, The Meadows
Kenneth Freedman MD, MS, MBA, FACP, FASAM, AGAF, New England Chapters of ASAM

7:00 PM - 9:00 PM  Opening Plenary
#199. Gender Matters: Changing the World with Our Work
Dan Griffin, MA & Cheryl Sharp, MSW, ALWF | Supported by The Meadows
Level of Instruction: Intermediate/Advanced
For years we have talked about the importance of gender as it relates to trauma. However, the vast majority of that has been focused on the experience of girls and women. In fact, there remains a myth that trauma is not as common in boys and men. Recently, the conversation on gender and trauma has expanded to include the experiences of boys and men. This presentation is one of the first to offer two national experts - one male, one female - talking about the complexity of gender, gender relations, and how trauma affects our lives individually, our relationships, and our experience of community. We will never make the progress possible if we don’t have men and women talking together and sharing our truths - this presentation is a powerful step in that direction.

Friday, September 11th

6:00 AM  Caron Café opens hosted by Caron Treatment Centers
7:30 AM  Exhibit Hall Opens
7:30 AM – 8:30 AM  Continental Breakfast in Exhibit Hall & Raffle Drawings Hosted by Willow Place

Friday Morning Plenary: 8:30 AM - 10:00 AM
#200. The Myth of Evidence-based Practices
Norman Hoffmann, PhD
Level of Instruction: Intermediate
This presentation will address the fact that blanket implementation of the so-called evidence-based practices will not necessarily improve treatment outcomes. Individualized treatment requires more detailed documentation of demographic and clinical characteristics to more appropriately address patient needs. A sample of more than 7,000 cases will show that five of the eleven DSM-5 criteria are critical in determining who requires abstinence for achieving remission. Another sample of more than 13,000 will show how four demographic and five clinical variables can yield a prognosis varying from about 25% to 65% abstinence at 12 months post-treatment.

10:00 AM – 10:45 AM  Morning Break in Exhibit Hall & Raffle Drawings Hosted by Gosnold, On Cape Cod

#201. Shake It Up: Skill Building for Adolescents with Eating Disorders (Part of the Rosewood Eating Disorder Track)
Dena Cabrera, PsyD | Supported by The Rosewood Institute/Rosewood Centers for Eating Disorders
Level of Instruction: Intermediate
In the land of technology and social media, capturing the attention of teens can be a daunting and difficult task. This workshop will broaden and assist professionals on how to teach DBT skills and other creative coping skills to adolescent individuals and groups in a user-friendly and fun way. The goal is that teaching coping and social skills will help improve emotional and behavior functioning, family relationships, and quality of life. DBT skills and therapeutic activities will be taught in a way that have been adapted for adolescents to understand and use to improve overall functioning. Goals for this workshop are to help professionals understand individual and group dynamics such as resistance which is very common with eating disorders. Participants will learn ways improve teens’ motivation and improve participation of learning skills and practicing the skills by teaching basic psychodrama techniques, role-playing, and hands-on activities.
Friday Mid-Morning Workshops: 10:45 AM - 12:15 PM

#225. Abstinence Based Treatment
Ronald Smith, MD, PhD | Supported by Sober Way and C4
Level of Instruction: Introductory/Intermediate

Recovery from any addiction involves the identification and working through of developmental arrests. Most frequently the problems of anxiety, depression, meaningfulness can be identified and addressed with psychotherapy, self-help groups and patient education. This workshop will involve a lecture combined with discussion specifically what “works” and does not “work” in recovery.

#226. MAT for Opiate Dependence
Stephen Wyatt, DO
Level of Instruction: Intermediate

Medication assisted treatment for opiate dependence has been established as a strong evidence clinical practice. ASAM recently released a guideline for clinicians in utilizing this practice model. Dr. Wyatt as a contributor to this guideline, will present some of the highlights. There will be particular emphasis on choosing a specific treatment. There will be consideration of the various medications in the management of chronic pain, special populations, dosing dilemmas and concurrent psychotherapy. He will present case examples and leave ample time to help answer difficult clinical questions.

#227. The Serious Side of Making Friends and Having Fun: New Data Links Sober Outcomes with Peer Support and Recreation in Rehab
Bob Ferguson | Supported by Jaywalker Lodge
Level of Instruction: All

Groundbreaking new research into Recovery-Oriented Systems of Care (ROSC) reveals that building social networks and peer support—i.e. “having fun” and “making friends” in early recovery—are key predictors of long-term sober outcomes for young adult males in residential treatment for addiction. The Jaywalker outcomes study is currently tracking 150 clients for an 18-month period during and after their 90-day residential treatment episode. The project is being led and research data is being compiled by Denver-based OMNI, an independent evaluator of addiction treatment providers and prevention agencies throughout the country. The scope of the research and the data collection processes have been validated by the Institutional Review Board (IRB), which provides ethical oversight for behavioral health research.

#228. Addiction—A Relational Illness: the Dis-ease in Relationship with Self, Others, and Substances. (Part of the IAFAP Family Track)
Kate Dare-Winters, MSW, M.Div | Supported by Right Turn, Inc.
Level of Instruction: Introductory/Intermediate

This presentation will offer a relational frame for understanding the context of addiction and the work involved in recovering from and treating addictions. What is the nature of an addictive relationship with a substance or activity? What is the impact of that all consuming relationship on other relationships, in particular with one’s self?

#229. Trauma—Effects During the Life Cycle, Treatment and Case Studies
Kim Dennis, MD, CEDS | Supported by Timberline Knolls Residential Treatment Center
Level of Instruction: Introductory/Intermediate

In this session, Dr. Dennis will examine the consequences of early trauma as seen in the possible development of substance use disorders, mood disorders, self-injurious behaviors and more. Reviewing the demographics of trauma across the lifespan, she will present how substance use disorders and other issues develop as coping mechanisms to early trauma. Dr. Dennis will then share specific case examples of how an integrated treatment approach is particularly useful for trauma survivors with addiction or co-occurring disorders.

#230. Mission Impossible (Possible): Payer, MBHO, Management Collaboration
Nick Armenti, PhD & Anthony Comerford, PhD | Supported by Rutgers UBHC and New Hope Foundation
Level of Instruction: Intermediate/Advanced

As part of its Medicaid waiver, New Jersey (NJ) began its planning to use an Alternative Services Organization to manage behavioral health care services paid for with State and Medicaid funds in 2012. The overall objective was to improve the use of the limited resources available by better matching the high demand for services with service needs. A university based health care system was selected as an “Interim Management Entity” (IME) in 2015 to manage State, Federal Block Grant and Medicaid substance use treatment funds beginning July 1. This workshop will review the implementation planning, and IME and Provider collaborations in the launch preparations that took place, and draw some conclusions about what worked and what did not. Attendees will participate in discussions about the effectiveness of these and alternative strategies toward helping guide their work with payer, management and provider collaborations.
#231. The Weight Dilemma: Obesity, Binge Eating Disorder and Bariatrics
(Part of the Rosewood Eating Disorder Track)
Megan Kiskern, MS, RD, CEDRD | Supported by The Rosewood Institute/Rosewood Centers for Eating Disorders

Our country is in the midst of an Obesity crisis, which has lead to an increase in nutrition education and overall food and dietary awareness. One subset of this population is those who are not only struggling with weight concerns, but with Binge Eating Disorder; which involves a deep emotional crisis that isn’t always identified with traditional nutrition and medical assessment modalities. Without the ability to recognize the warning signs of Binge Eating Disorder, professionals may perpetuate the problem with recommendations that continue to lead them down a futile path of weight loss efforts. Clear distinctions between Obesity and BED presentation, and dietary support and interventions will be outlined including case studies, as there is currently little research as to how best offer nutrition support to this population. Bariatric procedures are often taken into consideration for anyone desperate for weight loss, and we will review how this too plays into the complicated dynamic of offering obesity and/or weight loss support from the RD perspective...let’s sort it out and have a discussion! This presentation will distinguish variations on dietary BED, Obesity and Bariatric interventions related to assessment, exercise, food intake issues, meal planning, weight loss, expected length of care, and long term follow up treatment.

Friday Luncheon: 12:15 PM - 1:45 PM
Join us for a delightful complimentary plated luncheon and discussion hosted by The Rosewood Centers for Eating Disorders (Pre-registration is required).

#250. Overeating & Obesity
(Part of the Rosewood Eating Disorder Track)
Dr. Mark Gold | Supported by The Rosewood Institute/Rosewood Centers for Eating Disorders

Dr. Mark Gold has pioneered the hypothesis of hedonic overeating or pathological attachment to food as an addiction. He first published on food addiction in the early 80s and then subsequently with Bart Hoebel, Nicole Avena and Kelly Brownell. This work is much less controversial after the Oxford University Press book was published , Edited by Drs Brownell and Gold. Now many researchers and clinicians recognize the similarities between food and compulsive overeating and other process addictions such as gambling . But what does science show, and how strong is the evidence that food and addiction is an important enough phenomenon that it can help with diagnosis, new medications and approaches and treatment decisions? Dr. Gold will review his 30+ years of work , bring scientific order to the issue of food and addiction, spanning multiple disciplines to create the foundation for what is a rapidly advancing field, and to highlight needed advances in science and public policy.

#251. Social Model of Recovery from Philosophy to Practice
Greg Fabry, LCDC I, Jason Howell, MBA, PRS, & Marsha Stone, JD, LCDC | Benchmark Recovery Center
Level of Instruction: All

As healthcare reform unfolds and addiction treatment takes its place within a larger recovery-oriented system of care, the Social Model of Recovery is being revisited as a means of elevating and integrating peer recovery support and philosophies. From sober homes to Therapeutic Communities, the Social Model of Recovery is the foundation for what is a rapidly advancing field, and to highlight needed advances in science and public policy.

Friday Early Afternoon Workshops: 1:45 PM - 3:15 PM

#252. Addiction Treatment in Public Safety Professionals: Differences & Commonalities
Steven Adelman, MD | Supported by Physician Health Services, Inc.
Level of Instruction: Introductory/Intermediate

The workshop will focus on the discussion of 6 clinical anecdotes that demonstrate the particularities of substance use disorders and their treatment in public safety professionals. Salient differences regarding the following 6 dimensions will be explored: Confidentiality, Mandated Reporting, Utilization of New ASAM Criteria for Public Safety Professionals, Transforming a Disease’s Natural History from Recurrence to Remission, Use of Screening and Testing, Use of Replacement Therapies and Psychoactive Medications. Each case discussion will take approximately 15 minutes and will include discussion (including role plays), exposition of main teaching points, and Q & A.

#253. Overdose and Naloxone Education with Naloxone Distribution in an Adolescent Treatment Center
Monique Allgood, APRN-BC CARN-AP & J. Craig Allen, MD
Level of Instruction: Intermediate

Naloxone is used to reverse an opioid overdose and is approved for use in all ages; however naloxone distribution programs have primarily targeted adults. This workshop will review the effects of substance use on the adolescent brain, the recent spike of opiate overdoses in the New England area and examine the steps taken to develop a naloxone distribution program within an adolescent treatment center.
#254. Treatment for Youth Opioid Addiction: Pathways to Engagement
Ann Bruner, MD & Marc Fishman, MD

The epidemic of opioid addiction (prescription opioids and heroin) in adolescents and young adults is devastating for youth and families. Research supports approaches that combine medications, buprenorphine and extended release naltrexone, with psychosocial interventions. However the field has many questions about appropriate use of “medication assisted recovery” in youth, including: who are good candidates, how to choose among treatments, duration of treatment, benchmarks for adequate response, how to respond to ongoing use of opioids or non-opioid substances, and how to respond to drop-out or medication non-compliance. This session will highlight innovative programming, emerging research and clinical experience, focusing on practical issues in promoting engagement. The format features brief overview presentations to frame the central context, followed by case-based scenarios with unfolding decision points that will pose clinical “puzzles” as a basis for discussion and teaching of skills. The session is planned as highly interactive with Q&A around each case.

#255. H.U.G.G.S.: How U Get a Grip on Stress
Ralph Carson, RD, PhD |
Supported by American Addiction Centers

The entire continuum of eating disorders embraces stress as a predisposing, precipitating and perpetuating factor. When stress becomes chronic and unresolved, the consequences present as a series of harmful neurological and hormonal dysfunctions. At the center of these pathological changes is cortisol. The pharmaceutical, nutraceutical and therapeutic world wage a continuous battle to reduce this chemical that wreaks havoc on appetite, abdominal fat accumulation, impulse control, inappropriate behaviors and health. This presentation explores the science of how the simple heartfelt hug minimizes cortisol and as a result expedites recovery from addictions and eating disorders. Investigating the scientific literature of oxytocin, pacinian corpuscles and C-nerves, together with the therapeutic techniques of attunement, empathy and resonance, and finally exploring the alternative world of equine, massage and touch therapy, an incredible revelation allows us to weave a tapestry that explains the usefulness of hug therapy. Hugs are in fact the antithesis of stress!

#256. Problem Gambling: The Hidden Addiction
Victor Ortiz, MSW, LADC I, CADC II |
Supported by Mass Council on Compulsive Gambling

This workshop is aimed at identifying the relationship of problem gambling and addiction, as well as effective strategies in integrating problem gambling services. With the DSM-5 reclassification of Gambling Disorder, it creates a clinical opportunity in the treatment of addiction. The training is aimed at exploring the new diagnostic criteria of Gambling Disorders, as well as exploring its relationship to clinical practice. This workshop will also explore the challenges and opportunities in the era of expansion gambling in Massachusetts. This workshop will identify strategies for managing treatment barriers, as well as explore best practices. This workshop will also highlight the capacity building efforts of the Massachusetts Council on Compulsive Gambling in the era of expanding gambling.

#257. Out of the Box: Using Games, Initiatives and Trust Building Exercises as Motivators for Change in Recovery
Cheryl Musick, Egagala Advanced Certified Specialist |
Supported by The Rosewood Institute/Rosewood Centers for Eating Disorders

Academic research and experience demonstrate that Adventure Programming is a catalyst for positive therapeutic change. It is also a unique and energizing way to enhance insight and involvement in settings and achieving goals within a cooperative environment. A non-threatening context creates opportunities for problem solving, relationship building, and mastery skills. And, helps individuals get out of their heads and into their senses! Participants will engage in fun and challenging games/learning activities, and explore the metaphorically rich meanings of these experiences. Tools for clinical practice will be provided that are applicable for working with individuals, groups and families.

3:15 PM – 4:00 PM  Afternoon Break in Exhibit Hall & Raffle Drawings
Hosted by Phoenix House New England
Friday Late Afternoon Workshops: 4:00 PM - 5:30 PM

#275. Providing Integrated Care: Mental Health, Addiction, Medical Care and Wellness  
Delia Hendrick, MD | ☑️ Supported by Westbridge  
Level of Instruction: Intermediate  
People with co-occurring disorders do best with concomitant, integrated care. The evidence of the very poor physical health of people with serious mental illness and co-occurring disorders became strong these last few years. Their life expectancy is 15 to 30 years shorter than the general US population, due to a combination of factors such as lack of access to medical care, limited communication with the medical providers, toxic effects of the mental illness and the addiction, and side effects of treatments. Integration of care for mental health, addiction and physical health has been less studied. The ideal model of care is discussed and ways to create or become part of one, based on the invaluable availability of an assertive-community treatment team, systematic monitoring, and facilitating communication with the medical providers. In addition, establishing wellness and prevention of medical problems can be achieved by interventions targeting sleep, diet, exercise, family and work.

#276. Empowerment: Helping Discard the Role of Victim  
Marcie Chambers, PhD | ☑️ Supported by The Rose House  
Level of Instruction: Intermediate  
Identifying as a “victim” keeps people from being able to create the lives they want for themselves. It enables them to not take responsibility for the choices they make and blame others for their circumstances. By being a victim, people give their power away. This presentation talks about the pitfalls of victimhood, being able to identify if one is living in victimhood, and most importantly, how to shed that identity and take your power back. We will discuss tools for cognitive restructuring and reclaiming your reality.

#277. Pharmacogenetics and Addiction—What We Know and Where We Are Going  
Kenneth Kirsh, PhD & Naissan Hussainzada, PhD  
Level of Instruction: Intermediate  
The symposium will present data and case studies about the impact of pharmacogenetic (PGT) markers on the care and management of patients with substance use disorders (SUD). Patients with SUD also commonly have psychiatric complications such as depression and anxiety, which complicates their care. PGT plays a role in both SUD and psychiatric comorbidities, so data will be provided on how both issues are complicated by genetic polymorphisms. A case based approach is taken to make the topic more accessible to clinicians with limited expertise in the PGT field while also making the application of such testing grounded in clinical utility and application.

#278. Group Therapy: Developing Your Style  
David Kahn, PhD, LPC, LPCS  
Supported by The Counseling Center of Florence, LLC  
Level of Instruction: Intermediate/Advanced  
The goal of this workshop is to teach participants the effectiveness of using group therapy with co-occurring clients. Group therapy has proven to be a very effective treatment modality. Clinicians who learn and understand the theory of group therapy and who learn to use the group process effectively help clients to make healthy and effective behavior change in their lives. The power of group therapy and group process will be exhibited during this training.

#279. Recovery Oriented Community (Part of the IAFAP Family Track)  
Robert Strauber, BS, CIP, CRS | ☑️ Supported by Malvern Institute  
Level of Instruction: All  
The Recovery Oriented Community (ROC) is an on-going network of engagement for the recovering individual and their family. Research indicates that in order to build a foundation for lifelong recovery, a patient needs to engage in treatment for a minimum of 90 days. To support this recovery effort, ROC was developed by Malvern Institute. This valuable service includes specific personal resources focused on helping families navigate their own recovery while understanding what their loved ones are going through in treatment. Focused on educating and empowering families, the ROC is a dynamic, state of the art tool that was developed utilizing several avenues to communicate with people such as texting, online support, and phone calls. With instant family and patient feedback and strong longitudinal statistical analysis, the ROC arrives at a simple and clean path of “what works and what doesn’t work” through real time results.

#280. Treating the Chronic Relapser: Mind, Body, and Spirit  
Michael Hornstein, MS & Jacky Fernandez, MA, LAC, LCADC | ☑️ Supported by Alina Lodge  
Level of Instruction: Introductory/Intermediate  
In order for an addict to remain sober, the addict must change physical, mental, emotional and spiritual habits that have formed over a lifetime. The tincture of time as well as therapy and targeted change of these long-term habits allows the addict to foster a lasting recovery.
The Hungry Heart Documentary: How a Film Helped Raise Consciousness and Pushed a Governor To Focus on Opiate Addiction
Bess O’Brien | Supported by Kingdom County Productions
Level of Instruction: Intermediate/Advanced
Join us for the screening of “The Hungry Heart. The Hungry Heart provides an intimate look at the often hidden world of prescription drug addiction through the world of Vermont Pediatrician Fred Holmes who works with patients struggling with this disease. Dr. Holmes prescribes suboxone to his patients struggling with prescription drug addiction. Much like methadone, suboxone helps many addicts in their recovery process—for some taking suboxone is a crucial stepping stone to long term recovery, for others it is a crutch, for others suboxone is abused and diverted onto the street. Through the film we see Dr. Holmes struggling with these challenges and trying to make sense and keep the faith in the midst of many contradictions. Most importantly however, as the film progresses we begin to see the simple but profound connection that Dr. Holmes creates with each patient. The film shines a light on the healing power of conversation and the need for connection that many of these young addicts yearn for but do not have in their lives.

Smart Recovery: 25,000 Meetings in MA-What Have We Learned? (Part of the Asam Track)
Joseph Gerstein, MD, FACP | Supported by New England Chapters of Asam
Level of Instruction: Intermediate/Advanced
The Smart 4-Point Program was designed primarily for use by groups and is based on scientific principles, including CBT/REBT. The program features self-empowerment and is abstinence-oriented. SMART has spread worldwide and is now evidence-based. The program has evolved as science has evolved and the experience of 250,000 meetings (25,000 in MA) has accumulated. Nida funded a SMART-based correctional program: InsideOut, now in use worldwide. SMART features a partnership between professionals and peers. In MA, most SMART meetings occur in hospitals, several of which are involved in partnerships. A huge interactive website supplements face-to-face meetings with chat rooms and 30 weekly online meetings. Recently, a Family & Friends Program has been developed online and is now being spread via face-to-face community meetings: F&F is based on the CRAFT Program. At present, 150 facilitators per month are trained via an online interactive site. About 1/3 of trainees are professionals.

Schedule of Events

#281. Responding to the Opioid Addiction Epidemic
Andrew Kolodny, MD | Phoenix House Foundation, Inc
Level of Instruction: Introductory/Intermediate
Andrew Kolodny, MD will discuss the epidemic of opioid addiction and overdose deaths. This problem began about 15 years ago and has steadily worsened. The United States Centers for Disease Control has listed this public health crisis on its top 5 priority areas for 2014. Drug overdoses now exceed motor vehicle crashes as the leading cause of accidental death in the United States and overdoses involving prescription pain killers now exceed overdoses from heroin and cocaine combined.

#282. Perfectly Imperfect (Part of the Rosewood Eating Disorder Track)
Lee Neagle, MA | Supported by The Rosewood Institute/Rosewood Centers for Eating Disorders
Level of Instruction: All
We’ve all been told messages such as “practice makes perfect” or “mistakes are not an option” and many take this advice to heart. Eating disorders and perfectionism are a deadly combination in that they both evolve from self-destructive thoughts and behaviors such as self-blame, shame and criticism leading to feelings of hopelessness, helplessness, worthlessness and depression. Yet, it has been identified in genetic studies that perfectionism is a personality trait that puts one at risk for an eating disorder. This presentation will describe the difference between goal oriented individuals and perfectionism. An overview of the sociocultural influences on perfection where individuals are subjected to media images and messages regarding “perfect body types and sizes” will be discussed. This workshop will also examine the underlying core shame stemming from individual and family issues. Clinical strategies and interactive psychoexperiential exercises will be used during this process.

Friday Evening Event: 9:00 PM - 10:00 PM

#289. Choice & Freedom, System Failure, Compassion & More...
David Sperling
Level of Instruction: All
Drunk In Public is a feature documentary directed by award winning filmmaker David J. Sperling. This final and complete film spans and chronicles the last 18 years in the touching, tragic and thought provoking life of Mark David Allen, a man arrested more than 500 times. This documentary provides a non-judgmental objective long term look at alcoholism. Nothing produced captures the progressive nature of addiction like this film...It is somber, educational, and sometimes funny. Audiences seem to respond to this unique presentation on an issue that affects nearly everyone. Therefore it is ideal for rehabilitation programs, teenagers and their families, law enforcement training, churches, counselors, schools and anyone else touched by the trauma of addiction. Since the first version, Drunk In Public has screened and collected awards in a number of festivals. This is an independently produced film with a gritty and realistic nature that is determined to open your eyes and challenge your heart.
Saturday, September 12th

6:00 AM  Caron Café opens  
7:00 AM  Open 12 Step Meeting  
7:30 AM  Exhibit Hall Opens  
7:30 AM  Registration – Barnstable II  
7:30 AM – 8:30 AM  Continental Breakfast in Exhibit Hall & Raffle Drawings  

Saturday Morning Plenary: 8:30 AM - 10:00 AM

#300. A “Novel” Spiritual Approach to Removing Barriers to Long Term Recovery  
Greg Gable, PsyD & Joseph Garbely, DO |  Supported by Caron Treatment Center  
Level of Instruction: Intermediate/Advanced  
This session will present an experience of performing a structured group process utilizing some of the elements of the 4th step as outlined in the Textbook of Alcoholics Anonymous as a means that has not only been helpful in teaching patients the value of steps, but a methodology that provides pertinent clinical data to help identify issues that would be barriers to ongoing spiritual recovery and help formulate treatment planning. This group is not meant to constitute a complete 4th step or to replace work eventually done with a sponsor, rather it is a way to use the format of 4th step work in a group therapeutic process. In our experience this approach has provided useful therapeutic tool for the therapist and a skill set that the patient can use to support recovery. This model has been used with Men's Extended Care Program. We will present information on the experience.

#301. “The ASAM Educational” CT-ASAM’s Approach to Early Career Physician Training in Addiction  
(Part of the ASAM Track)  
Jonathan Allen, MD & Samuel Silverman, MD, FASAM, FAPA |  Supported by New England Chapters of ASAM  
Level of Instruction: All  
Over the past 4 years CT-ASAM has organized an annual competition among all physicians in their medical training. The competition requires a 10 slide presentation on addiction with the goal of deepening knowledge on substance use disorders for medical professionals. Each entrant competes for one of 3 top prizes ($1000, $500, $250). The submissions are reviewed by the ASAM members and at our Annual meeting the 3 winning presentations are selected by the attendees. The workshop will discuss the process, organization and implementation. Previous entrants/winners will present their slides and comments. The ASAM Educational is a collaborative effort with the Connecticut State Medical Society, CT-ASAM and the 2 Addiction Medicine Fellowships in Ct ( Rushford and Yale).

#302. Living Out Loud: Psychodrama Sculpts Recovery  
(Part of the Rosewood Eating Disorder Track)  
Lee Neagle, MA |  Supported by The Rosewood Institute/Rosewood Centers for Eating Disorders  
Level of Instruction: All  
Psychodrama experiential approaches are essential to addiction treatment because it facilitates a much needed journey into feelings. Psychodrama techniques increase access to emotions that otherwise create barriers to recovery. The open minded practitioner can use these visual and action oriented techniques to help their patient “break-through” defenses and provide “a picture” of unresolved core issues. Practitioners will observe a family sculpt, then learn techniques such as empty chair, roles, inner child, anger discharge approaches, grief work, and the use of props. These techniques will support a client’s ability to see how their addiction history is interrelated, with emphasis on how to work with trauma without “re-traumatizing” your client.

10:00 AM – 10:30 AM  Morning Break in Exhibit Hall  
& Raffle Drawings  
Hosted by  
BioDelivery Sciences International  

Saturday Mid-Morning Workshops: 10:45 AM - 12:15 PM

#325. Chronic Disease Prevention, Intervention and Management for Addiction  
Raymond Tamasi, MEd, LCSW |  Supported by Gosnold on Cape Cod  
Level of Instruction: All  
Addiction treatment has been delivered in “program” models designed with discrete clinical elements that begin and end in a segment of time. Patients and families have come to believe that a proscribed term of treatment will result in a rehabilitated loved one. This model, termed the “acute care paradigm” contradicts the chronic nature of addiction and perpetuates the myth that some fixed amount or duration of treatment will resolve the problem. It is time for a new vision that addresses addiction as the chronic disease it is. This workshop will describe an approach that incorporates prevention, early intervention, and extended engagement with traditional models of care to create a seamless, integrated system of care that more effectively enables patient care and produces more favorable long term outcomes.
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#326. Understanding Family History and the Link to Schizophrenia and Addiction
(Part of the IAFAP Family Track)
Benjamin Braffman, MA, LMHC, CAP | Supported by Destination Hope
Level of Instruction: Introductory/Intermediate
Family history plays a significant role in the prevalence of addiction and thought disorders like Schizophrenia. As we discover more about the brain, we are seeing stronger links between genetics and the family environment to behavioral health disorders. We’ll discuss the genetic and family dynamic components that relate to addiction and schizophrenia, the realities of this diagnosis, how families are involved and the need to break down the stigma associated with it.

#327. Normalizing the Adult Consequences of Childhood Sexual Abuse. “No, You’re Not Crazy; But an Innocent Survivor of Trauma.”
James Fenley, Jr, MD
Level of Instruction: All
As an addiction medicine specialist in evaluating new patients over the years, particularly in detox where the majority of my work is done, I have created a detailed method of looking for sexual abuse in each patient. What prompted this unfortunately is the lack of detail given to this area of inquiry in a typical initial admission assessment or psychiatric evaluation. Moreover, my experience has been that when enough indicators suggest its presence, an initial “no” answer to the question of sexual abuse often becomes a “yes.” Finally, when identified, I make it a point at that time to share with the patient the adult consequences of their childhood or adolescent abuse to validate them, to give answers to the behaviors they have never understood, and to provide relief not pain. This presentation will talk about this and much more.

#328. Proper Utilization of Urine Testing in Identifying and Treating Substance Use Disorders
Andrea Barthwell, MD, FASAM, Steven Passik, PhD & Kenneth Kirsh, PhD | Supported by Two Dreams
Level of Instruction: All
The bounds of medical necessity of substance use testing in addiction medicine and other clinical settings are currently being defined. When used properly, SUT can provide objective data that health care practitioners may employ in the diagnosis, active treatment, and recovery phases of addiction treatment. In February 2014 NAATP conducted a project to develop professional consensus on the proper use of UDT in identifying and treating substance use disorders. The project was necessitated by a general lack of clinical knowledge, concerns related to unethical behaviors causing over utilization, and the consequent emergence of ill-advised cost-saving measures, which have created confusion and imbalances in the use of testing services. This presentation is an outgrowth of that; a comprehensive look at clinical indications, scientific methods, policy implications, and legal barriers to appropriate use of this tool.

#329. Integrative Care Model: Interventions and Strategies for addressing Co-Morbidities in Early Recovery
Alkesh Navin Patel, MD | Supported by Mountainside Treatment Center
Level of Instruction: All
A well-developed Integrative Care Model for addiction treatment incorporates a number treatment modalities and interventions coordinated by a multidisciplinary team to best fit the unique needs and interests of each client. While clients participate in a core curriculum of group, individual, family and other educational and recovery-based experienced, comorbidities and symptoms will frequently arise that may serve as barriers to treatment completion and sustained abstinence/recovery. Anxiety, Depression, Insomnia and Cravings frequently arise during early recovery and represent challenges to recovery, as well as opportunities for growth and self-empowerment. This presentation provides strategies for addressing these common barriers during early recovery treatment utilizing a portfolio of Integrative Care interventions to help clients maintain abstinence and embrace their recovery.

#330. HIV Management in 2015 (Part of the ASAM Track)
Catharina Armstrong, MD, MPH | Supported by New England Chapters of ASAM
Level of Instruction: Intermediate/Advanced
In the United States over the past decade the paradigm has shifted regarding the management of HIV in the United States. HIV positive individuals have an essentially normal life expectancy and suffer fewer complications from the virus and the medications than ever before. Antiretroviral (ARV) therapies continue to offer great promise for treatment of both naive and ARV experienced patients. ARVs now ensure easy dosing schedules with less interactions and drug toxicities. This is especially important in patient populations that may be suffering from psychosocial and addiction issues, taking a variety of other medications. This workshop will review recent literature on the currently approved ARVs, demonstrating comparable rates of treatment success in each group. I will review the most up to date diagnostic testing for HIV. I will briefly discuss the approach to the acute HIV syndrome and the management of the newly diagnosed HIV positive individual.
#331. Eating Disorders: Handling Co-occurring Borderline & Narcissistic Personality Disorders  
(Department of the Rosewood Eating Disorder Track)  
Dena Cabrera, PsyD |  
Supported by The Rosewood Institute/Rosewood Centers for Eating Disorders  
Level of Instruction: All  
Borderline and narcissistic characteristics often contribute to the development and maintenance of eating disorders and especially complicate the treatment of eating disorders. This workshop defines the underlying borderline and narcissistic wounds commonly seen in patients with eating disorders. Moreover, we will undertake an exploration of how these deep wounds arise and affect neurobehavioral and emotional functioning in conjunction with eating disorder behavior. The main focus of this workshop will be on how professionals can help individuals so wounded to heal, utilizing identity and body image treatment, as well as DBT skill work.

Saturday Luncheon: 12:15 PM - 1:45 PM  
Join us for a delicious complimentary luncheon and discussion hosted by The New England Chapters of ASAM. Luncheon is hosted by an unrestricted educational grant from Reckitt Benckiser (pre-registration is required).

#350. Relationship Between Substance Addiction and Intimate Partner Violence  
(Part of the ASAM & IAFAP Track)  
Richard Soper, MD, JD, MS, FASAM, DABAM  
Supported by New England Chapters of ASAM  
Level of Instruction: Intermediate  
In the USA nearly one in four women report experiencing violence by a current or former companion, spouse, partner at some point in their life and 15.5 million children live in families in which intimate partner violence (IPV) occurred at least once in the past year. Substance use disorders co-occur in 40-60% of intimate partner violence incidents across various studies. Substance use plays a facilitative role in IPV by precipitating or exacerbating violence. Case discussions and skill-building exercises will be used to increase knowledge, confidence and competence of attendees’ ability to identify and intervene on IPV. Attendees will acquire practical tools to identify past and current IPV, make brief interventions to assist IPV victims and offer strategies to refer victims for evaluation, treatment and advocacy.

Saturday Early Afternoon Workshops: 1:45 PM - 3:15 PM  
#351. Pain Recovery vs. Pain Management: Solutions to a Complex Syndrome  
(C. Scott Dehorthy, LCSW-C, MSW |  
Supported by The Pain Recovery Program at Father Martin’s Ashley  
Level of Instruction: Intermediate/Advanced  
Chronic pain and substance use disorders are common bedfellows. This co-occurring combo of pain, medication and mood makes for a complex syndrome that benefits from a multi-modal treatment approach, including integrated continuing care with a variety of therapeutic providers. Participants will hear case studies of successful elimination of addiction and improvement of mood and function and the role that physicians, therapists and other healing arts play in these results. An overview of the physiology of pain will be provided.

#352. It Ain’t Just “Drinkin” and “Druggin”—The Whole ‘Nother World of Young Adult and Adolescent Addiction  
William Hickman, PhD, MA, MED, LPC, LMFT, LADAC CSAT-S, CMAT, CTT AAMFT-S, EMDR |  
Supported by Capstone Treatment Center  
Level of Instruction: All  
This workshop explores the unique nature of young adult and adolescent addiction. This includes the impact of the developmental stage of the young brain on addiction development caused by the incomplete development of the prefrontal cortex combined with the fully developed amygdala and increased number of dopamine receptors in adolescence. Focus includes the developmental neuroplasticity of the brain, the intense need for relationships, the passive oriented vs active oriented brain, all in the context of higher thresholds of reward / euphoria due to dopamine flooding common to this developmental stage, a natural tolerance. The presentation has a special focus on the role of first and second generation trauma on the brain as well as the role of the family in both addiction development and lasting recovery.

#353. Increasing Intimacy in Recovering Couples through the Fertile Ground of Secure Attachment  
Anne Smith, MS, LMFT, LPC |  
Supported by Caron Treatment Centers  
Level of Instruction: All  
Whether injured by serious challenges such as addiction or betrayal or just suffering from the cold distance of superficial communications, couples in therapy generally come in wishing for more emotional and sexual intimacy. Couples Therapy that is mired in problems, arguments and compromises will not create the safety needed for the love to return or expand. This workshop offers a clear path to intimacy as a natural outcome of a secure emotional connection between partners.
#354. Gender Identity and Addictions
Kristie Overstreet, LMHC, LPC, CAP, Certified Sex Addiction Therapist | Supported by Lakeview Health

This presentation will focus on providing a better understanding of gender identity issues as they relate to the field of addiction. It will increase the participants understanding of specific issues that have affected the transgender population in relation to both substance abuse and addiction. It will cover culturally relevant information and background, which will assist treatment providers in caring for this population.

#355. Relationship Trauma Repair RTR: An Experiential Model for Treating Childhood Trauma and PTSD
Tian Dayton, PhD, MA, TEP | Supported by Breathe Life Healing Centers

Research in neurobiology reveals that emotions and sense memories are stored in the limbic system and that the body as well as the mind need to engage in healing from trauma and its related effects. This experiential workshop will explore the use of somometry to “warm up” a group, connect them with each other and their personal “stories”. RTR is a multi-sensory model using psychodrama, somometry, journaling, and guided imagery in the treatment of relational trauma. RTR allows clients to wrap their minds around the fallout of trauma and to learn skills of emotional literacy, self-regulation and repair within a relational context. Somometry helps clients modulate and regulate intense emotions without becoming flooded. Through moments of connection with self and others, frozen or split off emotional experiences can be translated into language, right sized and shared, templating new ways to experience the self and the self in relation.

#356. Mindfulness Meditation and Its Applications to Addictions Treatment, Leadership, and Personal Development (Part of the ASAM Track)
Boris Lorberg, MD & Kerry Conant, MD | Supported by New England Chapters of ASAM

This workshop will 1st briefly define Mindfulness Meditation and discuss its relationship to similar practices - general meditation, yoga, hypnosis, imagery and relaxation techniques. Next, participants will engage in a meditation exercise to facilitate experiential learning. Workshop participants will be invited to share their observations and perspectives following meditation. Workshop leaders will then review key neuroscience findings regarding mindfulness. Participants will also learn about clinical research evidence for use of mindfulness-based interventions in treatment of Addictive Disorders. Workshop leaders will then discuss applications of mindfulness meditation to leadership and personal development. Lastly, workshop participants will be invited to share their perspectives with the audience.

#357. Body Image Interventions for Eating Disorders & Addictions (Part of the Rosewood Eating Disorder Track)
Cheryl Musick, Egalga Advanced Certified | Supported by The Rosewood Institute/Rosewood Centers for Eating Disorders

Low self-worth is a common thread among individuals struggling with eating disorders, depression and addictions. And, body image disturbances are strongly linked to self-esteem. Body image distortion can be a challenge to overcome and are often one of the last symptoms to heal in the recovery process from eating disorders. This workshop will define body image, review the origins of self-esteem, and the variables that contribute to body image development i.e.: cultural mandates and consumer culture influences. Body Image tools and interventions to aid in the treatment of eating disorders, while considering co-morbid conditions will be provided. An entertaining and informative body image experiential will be included. Attendees will receive take home tools to apply in their work with clients/patients.

3:15 PM – 4:00 PM Afternoon Break in Exhibit Hall & Raffle Drawings Hosted by Incredible Marketing

Saturday Late Afternoon Workshops: 4:00 PM - 5:30 PM

#375. Outcomes: Developing Better Pathways to Quality Care
Bob Lynn, EdD LPC | Supported by Origins Recovery Centers

This workshop is intended to provide individuals with a comprehensive understanding of outcomes form Theory to Practice. Outcomes are an important part of a multi-faceted treatment planning process. They are one spoke on the wheel along with research, clinical judgment, client feedback, clinical supervision, aggregated client data, context, spirituality, and case management being equally important in driving quality care. The integration of the above can create the basis for establishing a treatment program and evolving a gold standard care system. The major value of outcomes should be to inform care. Even when outcomes are collected with rigor, an emphasis on outcomes alone as a way of promoting and defining treatment has limitations. There are several issues that should be considered when outcomes are utilized in a treatment program. This presentation will discuss the major challenges in utilizing outcomes to demonstrate program efficacy and drive quality care.
#376. Healing Intergenerational Trauma and Addiction (Part of the IAFAP Family Track)
Judith Landau, MD, DPM, LMFT, CFLE, CIP, CAI | Supported by 4 Winds Indigenous Healers
Level of Instruction: Intermediate
Indigenous people around the world have struggled with addiction and fought multiple barriers to achieve and maintain recovery. A key factor that drives addiction in these populations is the underlying trauma that affects communities, families, and individuals. The research and experience of the 4 Winds team indicates that addressing addiction without addressing the underlying factors associated with historical trauma often fail in the short- and long-term. Focusing on the historical context and experiences contributing to addiction allows healers in indigenous and other communities to 1) facilitate resilience in individuals, families, and communities, and 2) remove stigma of shame, blame, and guilt that interferes with achieving sobriety and recovery. Struggles with postcolonial trauma and addiction are largely conducted in isolation by indigenous peoples. The presenters in this session are from three continents and will share the successes and challenges of indigenous communities in developing and implementing approaches to recovery, health, healing.

#377. Generating Maximum and Positive Press (TV, Radio, Print, Online) for Your Event and Mission, Using It as a Recruiting and Fundraising Tool, and Countering Negative Issues by Positive Message
Robert Weiner
Level of Instruction: All
From his experience at the top of government and down-to-earth onsite at events, Bob will provide overall strategies and case studies of government and private national and field events that generated major media and how it happens, will candidly discuss threats and negative messages by opposition (NIMBY, or methadone-as-another-drug, or deaths by high-risk clients blamed on an organization, etc.) and how to handle those before and after criticism.

#378. Clinical Application of Genetic Testing with Co-Occurring Clients
Patricia Allen, MSN, PMHNP-BC & Juan-Sebastian Soldivar, MD, FACMG | Supported by Summit Behavioral Health
Level of Instruction: Intermediate
More than 65% of those with substance use disorders also suffer from a mood or anxiety disorder. For the past decade pharmacogenetics has emerged as a promising clinical tool for the treatment of those with co-occurring disorders. This testing enables individualized treatment and offers the client and practitioner valuable information that can positively impact the course of treatment. Many of our clients come to us with unresolved or worsening symptoms, a history of treatment non-compliance, or premature discontinuation of prescribed medications due to the medication not working or intolerable side effects. Genetic testing guides the prescriber, individualizes care, educates the client, and facilitates a clinical partnership that empowers the client and supports recovery. Participants of this workshop will learn how to review the genetic test and will be given techniques in how to utilize this data in counseling their patients and in forming continuing care plans. This workshop will use case studies which demonstrate the clinical value of genetic testing, its impact on clinical outcomes for clients with co-occurring disorders, and reduces the stigma that is a barrier to treatment.

#379. Can’t Treat Patients You Don’t Keep: Meeting the Challenges of Treatment Retention in Different Populations
Siobhan Morse, MHSA, CRC, CAI, MAC | Supported by Foundations Recovery Network
Level of Instruction: Introductory/Intermediate
Treatment retention is a strong predictor of treatment outcome. Data on over 1200 patients is presented and factors influencing and predicting treatment retention are identified. Special attention is paid to different factors impacting treatment retention as well as length of stay by age and gender. Implications for program development are discussed.

#380. Medication Assisted Treatment: Why Now is Necessary
Jonathan Horey, MD | Supported by Sunspire Health
Level of Instruction: Introductory/Intermediate
Dr. Horey will discuss the pros and cons of medication assisted treatment (MAT) and the role of MAT in the modern, evidence-based treatment of addictive illnesses. Trends in addictive illnesses across the country will be reviewed and MAT will be presented in light of these trends. Specific medications and treatment methods will be explained and ways of integrating MAT into a comprehensive treatment program will be discussed. He will also discuss the evolving understanding of addiction as an illness and will compare and contrast addictive illnesses to other chronic and acute medical illnesses.
#381. Promoting Community Connections for Recovery (Part of the ASAM Track)
Michael Bierer, MD, MPH, Nicole Bourgeois, James Morrill, MD, PhD, Christopher Shaw & Sarah Wakeman, MD

| Supported by New England Chapters of ASAM |

Level of Instruction: Intermediate
A panel of providers including doctors and community recovery coaches the who are currently working together in the first interdepartmental, interdisciplinary team for addiction consultation and care at Massachusetts General Hospital will describe: 1) The MGH Model. The 10 year strategic initiative of a hospital-wide embrace of the challenge of Substance Use Disorders: New innovative model integrates community recovery coaches into inpatient care and a ‘transitions’ clinic for early post-discharge care including pharmacotherapy. 2) Rollout (the organizational strategy). 3) Rollout (the internal public relations and staff education). 4) Examples of value added by each of the parts of the initiative; Education; Inpatient Clinical; Outpatient Clinical; Community recovery; Use of the inpatient admission to promote recovery. 5) Summary—Lessons learned—descriptive data; Clinical descriptions/case studies; Institutional evolution; Stigma, recognition and amelioration Community connections; Enhanced recovery

#382. Trends, Truths & Travesties: The Real Scoop on Food Allergies and Intolerances (Part of the Rosewood Eating Disorder Track)
Miriam Anand, MD, FACP, FAACAI & Megan Kniskern, MS, RD, CEDRD

| Supported by The Rosewood Institute/Rosewood Centers for Eating Disorders |

Level of Instruction: Introductory/Intermediate
Unfortunately, there is a lot of misleading information about food allergies and food intolerances available to the public, and sometimes even medical professionals may not have a true understanding of how to assess and diagnose food allergies. If a comprehensive approach to the issue is not taken, often times recommendations are made to eliminate foods or groups of foods in order to “see” if that may resolve the issues. Of further concern, is when non-evidence based testing methods are used and patients are given a list of foods of which they now must avoid due to having an “allergy”. These types of diagnoses can be very damaging to patients with eating disorders, causing them to limit their diet even further than they may have been doing previously. It also creates a further food fear that can be very difficult to overcome.

Saturday Evening Plenary & Lobsterbake: 7:00 PM - 9:30 PM

Come Join us for an old fashioned New England Lobsterbake! Due to the generous underwriting of Little Hill Alina Lodge, BioSound Technologies, MedPro Billing & Right Turn, each full Lobsterbake buffet ticket will only cost $15 (pre-registration is required). This delicious dinner will be in conjunction with the evening plenary.

#399. Avoiding Goofball Pitfalls in Sobriety
Robert Mooney, MD, MAC, FABAM

| Supported by Vista Taos |

Level of Instruction: Advanced
This workshop will provide a blueprint for anyone interested in sharing educational materials to the recovery community on the potential hazards encountered in everyday life. As the recovering population ages the unsuspecting hazards multiply as the need for medical interventions become increasingly necessary. This workshop will outline one way to present these hazards to groups with a vested interest in maintaining ongoing sobriety.

Sunday, September 13th

6:00 AM Caron Café opens hosted by Caron Treatment Centers
7:30 AM Exhibit Hall Opens
8:00 AM Registration – Barnstable II
8:00 AM – 8:30 AM Massachusetts Chapters of ASAM (MASAM) will hold a brief business meeting. All MA physicians are encouraged to join us for a delicious complimentary breakfast and discussion hosted by an unrestricted educational grant from Millennium Health
7:30 AM– 8:30 AM Breakfast in Exhibit Hall & Raffle Drawings Hosted by Coast to Coast Medical Solutions
Sunday Morning Plenary: 8:30 AM - 10:00 AM

#400. Marijuana use, Attachment Style, and Effective Treatment Planning
John O’Neill, LCSW, LCDC, CAS, CART | Supported by The Menninger Clinic
Level of Instruction: Intermediate/Advanced
This workshop will provide the framework for understanding the unique attachment styles of marijuana users in order to effectively develop treatment plans. Addiction professionals are challenged by shifting attitudes about marijuana that often lead to difficulties engaging them in recovery efforts. Understanding the unique attachment style of marijuana users can assist the clinician with developing a tailored plan for each unique client. The workshop will provide foundational research on attachment and substance use, explore the current challenges facing addiction professionals working with marijuana users, and provide assistance in developing effective treatment plans.

#401. Exciting Times in Addiction Medicine Healthcare (Part of the ASAM Track)
Richard Soper, MD, JD, MS, FASAM, DABAM | Supported by New England Chapters of ASAM
Level of Instruction: All
In the 21st century, our addiction medicine therapeutic toolbox is exponentially expanding in multi-modalities. This presentation will provide an overview of recent developments and emerging directions in addiction medicine healthcare delivery, including historical construct, neurocircuitry research, individual therapy tools, and new medications. Extensive audience participation is planned. Upon completion the listening audience will have an overview of these mentioned areas of focus. The presentation will be made to provide individuals of all levels of education and credentials in addiction with an overview.

10:00 AM – 10:30 AM
Morning Break in Exhibit Hall
Hosted by VizOwn
Grand Prize Raffle Drawing Hosted by AdCare Hospital

Sunday Closing Plenary: 10:30 AM - 12:00 PM

#425. “Is There a Pill for This?” Addiction & Chronic Pain: Strategies for Abstinence Based Treatment and Effective Management of Chronic Pain
Matt Feehery, MBA, LCDC | Supported by Memorial Hermann Prevention & Recovery Center
Level of Instruction: Introductory/Intermediate
The presentation will discuss incorporating the traditional 12-step abstinence based model of treating addiction along with the use of physical therapy and alternative therapies such as yoga, acupuncture, biofeedback, visualization and others for the effective treatment of chronic pain without opiates.

#426. Old and High? Substance Abuse Among Elders (Part of the ASAM Track)
Barbara Herbert, MD, FASAM & Lee Ellenberg LICSW | Supported by New England Chapters of ASAM
Level of Instruction: All
Elders >65 years old constitute a growing segment of the population, with an expected increase from 13% to 20 % of the population by 2030. A burgeoning birth cohort of 78 million “boomers” are aging with higher rates of illicit drug use than any previous cohort. Alcohol remains the primary substance of abuse, but opioids and other prescription and illicit drugs are significant. And the role of marijuana remains poorly described. Using epidemiologic and clinical data about elder substance use, and describing best techniques for screening and interviewing people in two elder cohorts: age 60-75 and >75 years, this workshop will enhance participants ability to recognize patterns of elder substance use disorders, identify problem use and facilitate treatment. Using didactics and simulation, participants will achieve greater comfort in important conversations with patients.

Sunday Post Conference Workshops: 1:00 PM - 5:00 PM

#500. Engaging the Dual-Diagnosed Client Using the Grinch, Pinocchio and Rudolph Too! Creative Approaches to Group Therapy
Thomas Greaney, MED, LADC, LCDP, CCDP
Level of Instruction: All
This experiential and inspiring seminar involves participants in the role of clients with a dual diagnosis. Attendees participate in portions of group therapy sessions, during which Greaney uses movie clips, music, visualizations and non-sensical phrases to creatively engage his audience. By example Tom helps participants tap into their own creativity, which will reduce the likelihood of burnout and increase job satisfaction.
#501. Addressing Grief Issues in the Recovery Process
Rachel Ridge MSW, LCSW | Supported by Rosecrance Health Network
Level of Instruction: All
Grieving is the normal, natural and necessary process that we must go through to regain emotional stability and health. Most people struggling with addictions have backpacks full of unresolved losses and with the progression of the disease, they are continually adding to the weight of an already heavy load. The use of alcohol and drugs prohibits our clients from experiencing the grieving process. Without grieving their losses, our clients will continue in the vicious cycle of addiction. Participants in this workshop will gain knowledge on addressing grief in the recovery process by identifying, validating and understanding the process of grieving as it relates to individuals in recovery. Grief is much more than the 5 stages that most people have come to associate it with. As clinicians, we must understand our own losses and how we’ve grieved them before we can truly help someone else with theirs.

#502. Understanding and Treating High-Functioning Alcoholics and Dual Diagnosis: Effective Integration of Therapeutic Approaches and 12-Step Programs
Sarah Allen Benton, MS, LMHC, LPC | Supported by Benton Behavioral Health Consulting, LLC
Level of Instruction: Intermediate
This course will begin with my personal story of addiction and recovery as a high-functioning alcoholic (HFA) used as a case study. The characteristics, personality traits, recovery and treatment challenges of high-functioning alcoholics will be described based on original interviews and information obtained for my book. DSM-IV TR and DSM-V diagnostic criteria will be analyzed as it relates to this topic as well as relevant research studies cited. Additional treatment suggestions will be offered that are unique for the HFA population. The second part of the workshop will describe evidence-based dual diagnosis treatment strategies. The purpose, intention and limitations of 12-Step programs will be described. Additionally, appropriate and inappropriate integration of 12-Step program concepts, literature and suggestions that complement dual diagnosis treatment will be described. Case examples will also be used to demonstrate how best to combine these treatment modalities.

3:15 PM – 4:00 PM Afternoon Break Hosted by Right Turn
Faculty Biographies

Steven Adelman, MD, is director of PHS, and a clinical associate professor of psychiatry at UMass Medical School; graduate of Harvard College & the University of PA School of Medicine; trained at McLean Hospital; board certified in psychiatry w/subspecialty expertise in addiction psychiatry.

J. Craig Allen, MD, is the medical director at Rushford Center in Meriden, CT. He is ABPN certified in General & Adult Psychiatry, Child & Adolescent Psychiatry, as well as certified in Addiction Medicine by ABAM. He was recently appointed to the CT Mental Health Commissioner’s Advisory Board.

Patricia Allen is a Psychiatric Mental Health Nurse Practitioner practicing at Summit as well as in an inpatient psychiatric hospital. She is pursuing a doctorate in nursing practice. She has presented at APNA and AAOHN on topics related to case management for those with co-occurring disorders.

J. Craig Allen, MD

Andrea Grubb Barthwell, MD, FASAM, is the founder and Director at Two Dreams Outer Banks Treatment Center. President George W. Bush nominated Dr. Barthwell to serve as Deputy Director for Demand Reduction at ONDCP and The Senate confirmed her nomination. Dr. Barthwell received a Bachelor of Arts degree in Psychology from Wesleyan University, and a Doctor of Medicine from the University of Michigan. Following post-graduate training she began her practice in the Chicago area. Dr. Barthwell served as President of the Encounter Medical Group (EMG, an affiliate of EMGlobal), and is a past president of the American Society of Addiction Medicine (ASAM).

Sarah Allen Benton, MS, LMHC, LPC, is a Therapist at Insight Counseling in Ridgefield, CT specializing in outpatient adolescent/young adult addiction services, family support and mental health services for clients of all ages. She is author of the book “Understanding the High-functioning Alcoholic”. Benton was formerly a Primary Therapist at Turning Point addiction treatment program for young adult men in New Haven, CT and previously as a Therapist at McLean Brook dual diagnosis treatment program at McLean Hospital in Belmont, MA.

Monique Allgood, APRN-BC, CARN-AP, has worked at the Rushford Center since 2009 providing psychiatric and addiction services to adolescent and adult clients in the mental health and substance abuse programs.

Miriam K. Anand, MD, FACAAI, FAAAAI, is a well-respected and sought after Arizona specialist in the field of Allergy/Immunology. She treats and manages disorders such as asthma, hives and a range of allergies, rhinitis and sinusitis, as well as other disorders and diseases that affect the body’s immune system.

Monique Allgood, APRN-BC, CARN-AP

Stephen Andrew, LCSW, LADC, CCS, CGP, maintains a compassion-focused practice, InnerEdge, in Portland, Maine, and facilitates a variety of addiction, co-ed, men’s, and couple’s groups. He also provides coaching and support to addiction caregivers, and consults to local agencies. He is a member of the Motivational Interviewing International Network of Trainers (MINT) and serves as the Chief Energizing Officer for Health Education & Training Institute. Stephen lives in Portland, Maine with his sweet wife, Hilary, and is the proud father of 17 year old Sebastian.

Nick Armenti owned a large NJ private practice group; Founded and was President-CEO of one the nation’s first provider owned Managed Behavioral Healthcare Organizations, LifeCare Management Systems, Inc. and currently Directs the Managed Care Services unit for Rutgers University Behavioral Health Care.

Catharina Armstrong, MD, MPH, received her medical degree at the University College Dublin, Ireland, medical internship & residency at Massachusetts General Hospital, & Infectious Disease Fellowship at the Beth Israel Deaconess Medical Center, Boston, MA. She recently received her MPH from the Harvard School of Public Health. She is currently on staff at the Lemuel Shattuck Hospital (LSH) & Newton Wellesley Hospital (NWH). Catharina Armstrong currently attends on the inpatient general medicine and teaching services in the LSH with an outpatient clinical practice in both HIV & Hepatitis C Coinfection. She is on the NWH Infectious Disease staff with a practice focus on general ID & Antibiotic Stewardship.

Catharina Armstrong, MD, MPH

Andrea Grubb Barthwell, MD, FASAM

Andrea Grubb Barthwell, MD, FASAM, is the founder and Director at Two Dreams Outer Banks Treatment Center. President George W. Bush nominated Dr. Barthwell to serve as Deputy Director for Demand Reduction at ONDCP and The Senate confirmed her nomination. Dr. Barthwell received a Bachelor of Arts degree in Psychology from Wesleyan University, and a Doctor of Medicine from the University of Michigan. Following post-graduate training she began her practice in the Chicago area. Dr. Barthwell served as President of the Encounter Medical Group (EMG, an affiliate of EMGlobal), and is a past president of the American Society of Addiction Medicine.

Michael Bierer, MD, MPH, is a Physician at Massachusetts General Hospital (Internal Medicine) and Assistant Professor of Medicine at Harvard Medical School. Primary care doc at MGH since 1985, when started residency. ASAM/ABIM certified since 1995; Currently serving as Secretary of Mass Society of Addiction Medicine; previously led MGH site of Boston HealthCare for the Homeless Program (1989-2001); Helping to develop and coordinate addiction education of medical residents at Massachusetts General Hospital for past decades; Involved with development of the MGH Substance Use Disorders Initiative.

Michael Bierer, MD, MPH

Catharina Armstrong, MD, MPH

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Miriam K. Anand, MD, FACAAI, FAAAAI

Monique Allgood, APRN-BC, CARN-AP

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Catharina Armstrong, MD, MPH

Andra Grubb Barthwell, MD, FASAM

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Michael Bierer, MD, MPH

Michael Bierer, MD, MPH
Ann Bruner, MD, works as a staff physician in a community treatment program with specialty services for opioid addicted youth. She is certified in Pediatrics, Adolescent Medicine and Addiction Medicine, and teaches widely on the subject of addiction treatment for youth.

Dena Cabrera, PsyD, is a licensed clinical psychologist and a certified eating disorder specialist at the Rosewood Centers for Eating Disorders, where she serves as the clinical director. She has personally treated hundreds of women and teens struggling with eating and body image issues. Cabrera is a well-known expert, speaker and author in the field; she has spoken at more than twenty national conferences and presented more than a hundred workshops on eating disorders and other mental health problems. At Rosewood, she manages the day-to-day programs for all levels of care, and is involved program development, staff training, and supervision throughout the Rosewood system. Dr. Cabrera is the co-author of The Mom in the Mirror: Body Image, Beauty and Life After Pregnancy.

Ralph Carson, RD PhD, has been involved in the clinical treatment of obesity, addictions and eating disorders for over 35 years. He is currently the Executive Director of FitRx, an intensive outpatient treatment program located near Nashville, TN that addresses the psychological and health issues of people of size. Dr Carson is an active board member of the International Association of Eating Disorder Professionals (IAEDP) and the Binge Eating Disorder Association (BEDA). He is the author of : Harnessing the Healing Power of Fruits and the recently published The Brain Fix: What’s the Matter with Your Gray Matter?

Marcie Chambers, PhD, received her PhD in Psychology from the University of Colorado at Boulder. She was in private practice for a number of years, treating clients for depression, trauma, codependency and addiction. Dr. Chambers taught psychology at the University of Colorado, Regis University and Metro State College. Dr. Chambers opened The Rose House in Boulder County, CO in 2008. The Rose House is a 16 bed, extended care treatment facility for women. They focus on treating women with dual diagnosis including addiction, trauma, depression, anxiety, love addiction and codependency. The Rose House also has a sober living step down program that includes continued therapy.

Tim Cheney has been active in addiction treatment, research and advocacy for 38 years. He is President of Floridians for Recovery, Board Member of Faces and Voices of Recovery and a member of the Kennedy Forum. He has received advocacy awards from the President and Congress and in recovery for 34 years.

Anthony Comerford, PhD, is a licensed psychologist and human development and organizational behavior specialist with a current research interest in the influence organizational processes have on clinical outcomes. He currently serves as New Hope Foundation’s President and Chief Executive Officer.

Kerry Conant, DO, graduated from Bard College with a B.A. in 2001, before returning to complete her science requirements at Columbia University’s Post-Baccalaurate Pre-Medical program. During her application year to medical school, she was a Research Assistant for the Pediatric Epilepsy Program at Boston’s MGH. In March of 2014 her first-authored paper was published in Epilepsia, A survey of seizures and current treatments in 15q duplication syndrome. Kerry attended the University of New England’s College of Osteopathic Medicine in Biddeford, ME. She is currently in her final year of the Combined Adult/Child Psychiatry Fellowship at UMASS in Worcester, MA. She has clinical interests in Mindfulness Based Cognitive Therapy, Neuropsychiatry and Wrap-around Systems of Care.

Kate Dare-Winter, MSW, M.Div, has been working in the field of addictions and recovery since 1992. She first met Woody while working outpatient at the Cambridge Health Alliance. Her areas of interest and expertise include co-occurring disorders, trauma, and spirituality. She has an MSW from Simmons School of Social Work and a M.Div. from the Church Divinity School of the Pacific, and appreciates the connection between spirituality and recovery. Kate is also a visual artist working in mixed media and is interested in the relationship between creativity and recovery. In addition to her affiliation with Right Turn, she is currently a Teaching Associate at the Harvard Medical School and has a private practice in Cambridge, MA.

Laurie Dashner, LCSW, is the COO for American Substance Abuse Professionals. ASAP provides nationwide drug-free workplace services to federally regulated and non-regulated corporations. Ms. Dashner started with ASAP in August of 2003 after receiving her MSW from the University of Maryland. Ms. Dashner is a Licensed Certified Social Worker and has 10 years of experience as a DOT Substance Abuse Professional. As an account liaison, Ms. Dashner worked closely with client companies in each of the DOT transportation modes and the nuclear industry to create and implement drug-free workplace programs. Ms. Dashner has developed and delivered numerous trainings and presentations on the DOT SAP process.

Tian Dayton, PhD, MA, TEP, is the Director of Clinical Programming at Breathe Life Healing Centers. She has developed a comprehensive model for relational trauma healing based on the latest research in interpersonal neurobiology and attachment in the Breathe Clinic day program. Widely known as bestselling author galvanizing the field of behavioral health by adapting cutting edge research to an experiential, psycho-educational model for the treatment of trauma and addiction. Dr. Dayton is a board certified trainer in psychodrama and a licensed Creative Arts Therapist and the Director of The New York Psycho-drama Training Institute.
Patrick DeChello, PhD, LCSW, MSW, RPh, is an internationally recognized clinical social worker, clinical psychologist, and chemical dependency treatment specialist with well over 30 years of experience. He is the author of 29 books and numerous articles in the mental health and chemical dependency fields. Dr. DeChello has been on radio, television, featured in numerous publications here and abroad. His books and presentations have a reputation for being clear, humorous, pragmatic and cutting edge.

C. Scott Dehorty, LCSW-C, MSW, is a licensed clinical social worker, a specialist in the psychotherapeutic treatment of chronic pain and the Clinical Lead for the Pain Recovery Program at Father Martin’s Ashley. Prior to his current position Scott was the psychiatric social worker for the Pain Treatment Program at Johns Hopkins Hospital in Baltimore, Maryland. Scott has nearly 20 years of experience in working with those with addictive disorders. Scott received his Master’s degree from The University of Maryland School of Social Work and his Bachelors degree is human services/psychology with a concentration in substance abuse from Elon University.

Kim Dennis, MD, CEDS, is an award-winning board-certified psychiatrist who specializes in eating disorder treatment, addictions recovery, trauma/PTSD and co-occurring disorders. As CEO & Medical Director at Timberline Knolls, she supervises the medical staff and sets the overall vision and direction for the treatment program. Dr. Dennis incorporates biological, psycho-social and spiritual approaches into the individually tailored treatment plan for each resident. She obtained her medical degree from the University Of Chicago Pritzker School Of Medicine and completed her psychiatry residency training at the University of Chicago Hospitals, where she served as chief resident.

Lee Ellenberg. As the MASBIRT TTA Training Manager, Lee leads the training and implementation efforts and led MASBIRT implementation as the Clinical Program Supervisor in multiple health care settings and provided clinical supervision to more that 25 Health Promotion Advocates and behavioral health staff.

Greg Fabry is the Executive Director for the men’s program at Benchmark Recovery Center. In this role, he mentors clients, leads groups, and oversees the daily operations of the men’s program. He has extensive experience guiding both residents and their families towards recovery.

Matt Feehery, MBA, LCDC, has worked in the addictions treatment field for over 35 years, beginning his career as a counselor for adolescents and families. Since 1983 Matt has served as Executive Director, CEO and consultant for alcohol and drug treatment organizations and psychiatric hospitals throughout the country. Matt is a Licensed Chemical Dependency Counselor in Texas and holds a MBA in Healthcare Management. He is Immediate Past President of the Texas Association of Addiction Professionals. Matt has been CEO of Memorial Hermann Prevention & Recovery Center (PaRC) and Behavioral Health Services since 2002.

James L. Fenley, Jr., MD, is a diplomat of the ABAM, and a recognized speaker in the field of addiction medicine with thirty plus years of experience. Based in Atlanta, GA since 2001, he is the Director of Addictive Disease Services at Anchor Hospital and author of “Finding A Purpose In The Pain.”

Bob Ferguson is the founder and CEO of Jaywalker Lodge, a men’s addiction treatment program in Carbondale, CO. Prior to founding Jaywalker Lodge in 2005, Bob spent over 10 years in a variety of senior management and marketing positions at Hazelden Foundation; Crossroads Antigua; and Promises Treatment Centers. Bob currently serves as Ethics Committee Chair for the Board of Directors of the National Association of Addiction Treatment Providers. He is also on the Colorado Mountain College Foundation Board; and is a long-standing board member of both the Valley Partnership for Drug Prevention; and A Way Out Treatment Scholarship Fund in Aspen, CO.

Jacky Fernandez is a licensed alcohol and drug counselor and a licensed associate counselor. She specializes in addiction, grief, and mindfulness. She oversees the women’s counseling department at Alina Lodge. She received her Master’s in counseling from Fairleigh Dickinson University.

Marc Fishman, MD, is an addiction psychiatrist and a member of the faculty of the Department of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine. He is the medical director of Maryland Treatment Centers, a regional behavioral healthcare provider, which offers programs for residential and outpatient treatment of drug-involved and dual-diagnosis adolescents and adults. He is a national expert on adolescent addiction treatment and program development. His academic work has focused on models of care and treatment outcomes for addictions in youth, in particular opioid dependence. He is a past President of the Maryland Society of Addiction Medicine.

Lindy Fox Smith, MA, LADC, worked with Dr. Robert Drake for 23 years at the Dartmouth Psychiatric Research Center in the field of Co-Occurring Disorders. She retired July 2012, which has given her more time at West-Bridge working with families, using a model of COD family treatment created by herself and Kim Muerser.

Greg Gable is the executive director of the Professionals Program at Caron Treatment Centers. Dr. Gable has a special interest in addiction treatment and neuropsychological assessment. Greg has worked as the director of the Pennsylvania Physicians Health Programs for approximately 24 years.
Faculty Biographies

Joseph Garbely, DO, Medical Director, Caron Treatment Centers, is Board certified in Psychiatry and Addiction Medicine. He has experience developing treatment programs, educating, and working with healthcare professionals. He is a Clinical Associate Professor, Penn State University.

Joseph Gerstein, MD, FACP, Diplomate, Am. Academy of Pain Mgt.; Retired Harvard Medical Faculty; Board Member, SMART Recovery UK, Australia, US. Facilitator of 3000 SMART meetings, 800 in prisons.

Mark S. Gold, MD, is a translational researcher, author, and inventor best known for his pioneering work on the brain systems underlying the effects of opiate drugs, cocaine, and overeating. His research career started in 1972 and he has been a prolific author of more than 1,000 academic texts, abstracts, articles and chapters. He has worked for over 30 years trying to understand overeating as related to drug of abuse or addiction models. Dr. Gold, retired after 25 years as Professor, Distinguished Professor, Chairman and University-wide Distinguished Alumni Professor at the University of Florida. Currently he is lecturing at Medical Schools around the USA including recent Grand Rounds at Yale University, USC and the University of Cincinnati. He is an Adjunct Professor of Psychiatry at his alma matter Washington University in St Louis and the Chairman of the Scientific Advisory Boards for RiverMend Health.

Thomas M. Greaney, MEd, LADC, LCDP, CCDP, is a dynamic speaker and seminar presenter, Tom has established himself as an important resource for using creativity to engage clients with co-occurring disorders. He has presented seminars on becoming a better clinician using Pinocchio, George Bailey and Afro-man at conferences sponsored by US Journal Training (USJT) in Las Vegas, Seattle and Santa Fe. His “Creativity Matters” column has been published in Counselor Magazine since 2009.

Dan Griffin, MA, has worked in the field for over two decades. He is principal and lead consultant of Griffin Recovery Enterprises, Inc. Dan’s groundbreaking books, A Man’s Way through the Twelve Steps and A Man’s Way through Relationships, are the first trauma-informed books to take a holistic look at men’s experience of recovery. He also co-authored Helping Men Recover with Dr. Stephanie Covington and Rick Dauer. Dan’s graduate research focused on the social construction of masculinity in Alcoholics Anonymous. Dan was awarded Hazelden’s first training fellowship for addiction counseling in 1998. Dan is a steering committee member for C4 Recovery Solutions and a founding member of Faces and Voices.

Delia Cimpean Hendrick, MD, finished her residency in Internal Medicine and Psychiatry at Dartmouth Medical School, and is dual Boarded physician in Internal Medicine and Psychiatry. She has maintained a dual practice since 2003, and has been a psychiatrist for Westbridge since 2010. Her interests have involved psychiatric research with Dartmouth Psychiatric Research Center, focused on integration of care (mental health, addiction, medical care).

Barbara Herbert, MD, FASAM, is an ASAM fellow, and the president-elect of MASAM. Initially trained in Emergency Medicine she has worked in addiction medicine for the past decade, most recently as the Director of Addiction Medicine for the Steward Health Care System. Her primary interest is in enhancing team approaches to addressing the needs of underserved populations. She also currently works on a novel intervention for pain patients who have become addicted: PainSTOP and is the medical director of a methadone clinic.

Adrian Hickmon, PhD, MA, MEd, LPC, LMFT, LADAC CSAT-S, CMAT, CTT AAMFT-S, EMDR I, was a football coach for 14 years. In 2001 he founded Capstone Treatment Center in Searcy, Arkansas, where he now serves as the CEO. From its beginning in 1993 until 2013, he served as a Professor of Marriage and Family Therapy in the Marriage and Family Master’s Program at Harding University where he now teaches classes on addictions and trauma as an adjunct professor. Dr. Hickmon has over 25,000 hours of therapy and supervision-of-therapy experience. He has presented internationally on addictions, trauma and marriage. He and his wife JoAnna have been married for 39 years. They have two daughters 35 and 33, twin sons 25, and three grandsons 3, 3, and 11 months.

Norman G. Hoffmann, PhD, is a clinical psychologist who has evaluated behavioral health programs for more than 35 years during which time he authored or co-authored more than 175 publications. He has worked with private organizations and governmental agencies in a variety of countries. He has developed a variety of assessments instruments used throughout the United States, as well as in Canada, Sweden, Norway, and the United Kingdom. His previous faculty appointments include the University of Minnesota and Brown University. Currently, Dr. Hoffmann is President of Evince Clinical Assessments and Adjunct Professor of Psychology at Western Carolina University.

Jonathan Horey, MD, trained at Columbia University where he completed medical school and psychiatric residency. He has worked in a variety of professional settings including as an attending on a dual diagnosis inpatient unit at New York Presbyterian Hospital. He served as the Director of Addiction Services at the Columbia University W. 51st Street Clinic and maintained a private practice. Dr. Horey has since worked as a psychiatrist at Hazelden Springbrook and completed ASAM certification. In addition to his role as Chief Medical Officer for Sunspire Health, he also sees clients weekly at Sunspire residential facilities in Astoria, OR and maintains a small practice in Portland, OR.
Michael Hornstein, MS, is executive director of Alina Lodge. He was on Little Hill Foundation board of trustees for over 20 years and served as president of the board twice. He worked for Miami Dade school system for 25 years and ran groups for the Broward County Commission on Alcoholism, a DUI program.

Jason Howell, MBA, has an MBA from Texas A&M University. In 2008 he opened his first recovery home, and since then, he has overseen as many as 13 recovery residences at once. Howell is a founder and the current president of the National Alliance for Recovery Residences (NAARR).

Rick Hubbard is the Director of Business Development at Origins Behavioral HealthCare. In long term recovery since May 10 2001, Rick is a native Texan having spent the bulk of his career in the commercial banking industry. Rick obtained his license as an Intern Chemical Dependency Counselor in 2013.

Naissan Hussainzada, PhD, is Director of PGT Clinical Strategy with Millennium Health and Principal Investigator with Millennium Research Institute. She has lectured extensively on pharmacogenetics and clinical management of patients with pain, addiction and mental health disorders.

David A. Kahn, PhD, LPC, LPC/S, is the founder, President and owner of The Counseling Center of Florida, LLC. Before opening his full time private practice, Dr. Kahn was affiliated with Francis Marion University where he served as Director of Counseling and Testing. Dr. Kahn brings more than 27 years of experience working with adolescents and their families in both inpatient and outpatient settings. He is an adjunct professor for Webster University/Myrtle Beach in the Graduate Counseling program. Dr. Kahn provides employee training for area businesses, professional seminars for the South Carolina Department of Alcohol and Other Drug Abuse Services and other Mental Health Professionals.

Kenneth L. Kirsh, PhD, is vice president for clinical research and advocacy at Millennium Health, as well as primary investigator for the Millennium Research Institute (MRI). Dr. Kirsh has lectured extensively, written 100 peer-reviewed and contributed articles, and authored numerous book chapters, abstracts, and posters. He has been a reviewer for more than 20 journals and a member of the American Academy of Pain Management’s Policy and Advisory Committee. Prior to joining Millennium, he was the director of behavioral medicine and research at the Pain Treatment Center of the Bluegrass (PTC) in Lexington, Ky., where his clinical research focused on issues of pain management, abuse and addiction.

Andrew Kolodny, MD, is the Chief Medical Officer of Phoenix House and he is Exe Dir. of PROP. Dr. Kolodny was previously the Chair of Psychiatry at Maimonides Medical Center in New York City.

Rebecca Kurtz. In long term recovery with degrees in both the social and physical sciences, Rebecca is an advocate for recovery, change and social justice. Her goal is to advance the understanding of substance use disorders through effective policy, language change, and access to educational resources.

Judith Landau, MD, DPM, LMFT, CFLE, CIP, CAI, is a neuropsychiatrist, professor of psychiatry & family medicine, and expert on resilience & overcoming adversity. Dr. Landau is an isangoma or traditional African healer. She has 40+ years of research and experience facilitating healing for addicted individuals and families. She has over 200 publications, taught in 100+ countries, trained more than 2000 Interventionists, investigated and consulted on numerous research studies, as well as for several international governments. Dr. Landau is changing the future of addiction and mental health by identifying trauma that spans generations. Dr. Landau serves the national media as an expert on all stories relating to human behavior.

Boris Lorberg, MD, is an Assistant Professor of Psychiatry at UMass Medical School. He is an Associate Medical Director of the Adolescent Continuing Care Program at Worcester Recovery Center and Hospital. At WRCH, he cares for treatment refractory adolescents who require an average length of inpatient stay from 6 to 9 months. He has provided weekend coverage at many inpatient addictions programs and outpatient care at UMass Addiction and Comorbidity Treatment Service. He has practiced mindfulness meditation since completing UMass MBSR course in 2011. In 2014, he joined the UMass study of Impact of Mindfulness Education on Physician Leadership, Practice, and Wellbeing.

Alan Lyme, LISW, ICADC, ICCS, brings respected and innovative clinical and program management skills as the Director of Training for the Phoenix Center in Greenville, South Carolina. Alan is concurrently the Clinical Supervisor and Motivational Interviewing trainer and coach for the SBIRT grant program in SC, following five years of a similar position in Georgia. Alan has provided trainings nationally on MI, Clinical Supervision, and Working with Men. He received a BSW from Florida Atlantic University and a MSW from Barry University. Alan is a MINT recognized MI trainer, an Internationally Certified Clinical Supervisor, and an Internationally Certified Alcohol and Drug Counselor.
Bob Lynn, Ed.D LPC, is an internationally recognized lecturer, researcher, and clinician in the field of Counseling Psychology and Drug Dependency. During the past 40 years he has held leading positions in many clinical settings, levels of addiction treatment, Employee Assistance Programs, State Government, and as a professor in several universities. He is a Licensed Professional Counselor and Senior Fellow in Biofeedback Practice. He is also a recognized expert in Family Therapy and Behavioral Therapy.

Robert W. Mooney, MD, is certified by the American Board of Addiction Medicine and specializes in Addiction Psychiatry. He began his career as a certified addiction counselor and is proud to currently be certified as a Master Addiction Counselor by the N.A.A.D.C. He graduated from Mercer University School of Medicine in 1991 and completed a residency in Psychiatry from Quillen College of Medicine in 1994. He worked as Medical Director at Willingway Hospital for over 20 years and is now serving as Chief Addiction Psychiatrist at Vista Taos in beautiful Taos, New Mexico. He continues to write and lecture extensively in support of abstinence in the treatment of the alcoholic and addict.

Jim Morrill, MD, PhD, grew up in Lakeville, Connecticut and majored in physics at Harvard College, graduating in 1992. He attended the combined MD/PhD Program at Harvard Medical School from 1992 to 2001, during which he completed a PhD in neurobiology focusing on the electrical activity of nerve and muscle cells and served as a Resident Tutor in one of the Harvard undergraduate residential colleges. He developed an interest in primary care during his final two years in medical school and completed the Internal Medicine/Primary Care Residency Program at MGH in June of 2004. Since then, he has worked as a primary care physician and clinician-educator based at the MGH-Charlestown HealthCare Center, with a particular interest in addiction and its medical consequences, such as viral hepatitis. In addition to helping to organize and teach the outpatient addictions curriculum for MGH residents, he founded and directs the MGH Community Hepatitis C Project (supported by MGH Community Health Associates). Since February, 2015, he has served as Chief of the Adult Medicine Unit at MGH Charlestown. He lives in Newton, MA with his wife and two daughters.

Siobhan Morse, MHSA, CRC, CAI, MAC, holds a Master’s degree in Health Services Administration from Florida International University where she later became an adjunct Professor teaching Program Planning and Evaluation and participated in a National Institute of Mental Health grant, USDOE evaluations and local evaluations of at-risk youth. She pioneered the use of report card technologies in the joint United Way, Children Now and Dade Community Foundation Project “Report Card on the Status of Children’s Services in Dade County. Siobhan is certified as a Clinical Research Coordinator (CRC), ARISE Interventionist and Master Addiction Counselor.

Cheryl E. Musick, Group Specialist at Rosewood Ranch, enjoys program development and has more than 17 years of experience in the treatment of eating disorders. Her areas of expertise include Body Image, Art Therapy, Recreation therapy, Spirituality and Animal Assisted Therapy. Cheryl is EAGALA Advanced certified, manages Rosewood’s Equine Therapy program and presents her original Equine Therapy interventions nationally and abroad.

R. Nikki Myers, SEP, YT, MBA, an accomplished teacher and speaker, Nikki Myers is a Somatic Experiencing Practitioner, Yoga Therapist Addictions Recovery Specialist and MBA. She is the founder of Y12SR, The Yoga of 12-Step Recovery. Based in its theme ‘the issues live in the tissues’, Y12SR is a relapse prevention program weaving the science of yoga with the practical tools of 12-step programs. Y12SR meetings are available across the U.S. and the curriculum is becoming a feature in addiction recovery treatment centers. Nikki is a co-founder of the Yoga, Meditation and Recovery Conferences at Esalen Institute and Kripalu Center. In 2014, Nikki was the recipient of the esteemed NUVO Cultural Visionary Award for her work with Y12SR.

Alkesh Navin Patel, MD is a board certified in General Psychiatry, Addiction Psychiatry, and Addiction Medicine. Dr. Patel brings a wealth of experience and expertise in the addiction field. Prior to joining Mountainside, he completed his addiction training at the renowned Mount Sinai Medical Center in New York, working as Associate Director of the Addiction Psychiatry Fellowship Training Program. While teaching incoming fellows, residents, and medical students through the program, he also directed the Addiction Psychiatry clerkship for the Pain Medicine Fellowship Program and served on Mount Sinai Hospital’s Pain Committee. Dr. Patel’s clinical work has focused on developing integrated treatment strategies for patients with chronic pain and addiction. While working within the health system at the Bronx VA Medical Center, he was a key care provider in its Opioid Treatment Program. Dr. Patel continues to be an active educator, mentor, and astute clinician and has published and presented his work at national conferences. At Mountainside, Dr. Patel provides psychiatric medication management to clients in all levels of care, including clients with dual diagnoses. Under his care, Mountainside clients receive a continuum of psychiatric services—from diagnosis and prescription of medication, to monitoring and stabilization.
Lee Neagle, MA, is the Executive Director of The Rosewood Ranch Programs for Eating Disorders. His roles include managing the day-to-day activities of staff and residents at all levels of care. Prior to his current position, Lee served as Director of the Adolescent program and was highly instrumental in the program’s initial design, structure and implementation. Before joining the Rosewood team, Lee worked and trained at Rogers Memorial Hospital in Oconomowoc, Wisconsin, where he developed his passion for treating eating disorders. He obtained his Bachelor of Arts in Psychology from Lakeland College and his Master of Arts in Clinical Psychology from Cardinal Stritch University.

Bess O’Brien is the director/producer of the documentary film The Hungry Heart based on the prescription drug crisis in Vermont and the compassionate work of Dr. Fred Holmes. Other award-winning documentary films by O’Brien include: Ask Us Who We Are, a powerful documentary about foster care in Vermont, Journey into Courage about women in the Northern part of Vermont who survived domestic violence and sexual abuse, Where is Stephanie about the murder of a young girl in Rutland, VT, and Here Today about Vermont families struggling with heroin in their lives.

John O’Neill, LCSW, LCDC, CAS, CART, has worked in the addictions field for over twenty five years. He first worked with college students at Arizona State University, which led to a career helping people with addiction problems. He has held multiple leadership positions at The Menninger Clinic. He manages the substance abuse program for the Houston Astros and Minor League Baseball Umpires. He frequently contributes to popular media interviews, writes blogs, and has published articles on various subjects in addiction.

Victor Ortiz, MSW, LADC I, CADC II, is a social worker with over twenty years of experience in the area of addiction, youth development, child welfare, and behavioral health. He has worked extensively with a wide range of populations, especially in communities of color. Victor has served in various professional positions aimed at improving access, and advocacy of care for individuals and families. Currently, Victor serves as Senior Director of Programs and Services for the Massachusetts Council on Compulsive Gambling. Victor directs state-wide efforts in the area of treatment development, training, and services of problem gambling.

Kristie Overstreet, LMHC, LPC, CAP, Certified Sex Addiction Therapist, is President and Owner of Therapy Department, a local group counseling private practice in Jacksonville. A certified addiction professional and sex therapist, Ms. Overstreet has over 10 years of experience working with all types of individuals and couples struggling with relationships, gender identity and addiction issues. She conducts LGBT sensitivity training for local, regional and national organizations. Her clinical philosophy is to treat each person as a true individual with unique needs, strengths and individual life goals.

Steven D. Passik, PhD, is Vice President of Clinical Research and Advocacy for Millennium Health and Principal Investigator for Millennium Research Institute. He served as professor of psychiatry and anesthesiology at Vanderbilt University Medical Center. He was co-editor for the opioid pain and addiction section of Pain Medicine. An author of more than 120 journal articles, 60 book chapters, and 59 abstracts, he speaks nationally and internationally on pain, addiction and the pain/addiction interface. Dr. Passik received his doctorate in clinical psychology from the New School for Social Research and was a chief fellow, Psychiatry Service at Memorial Sloan-Kettering Cancer Center.

Rachel Ridge, MSW, LCSW, is a licensed clinical social worker and certified alcohol and drug counselor. She also has certifications in grief counseling, pathological gambling, and has a Type 73. Prior to joining Rosecrance as a Community Relations Coordinator, all of her experience was in direct clinical practice working as a primary counselor in outpatient and inpatient hospital based programs. Rachel received her Bachelor of Social Work degree from Calvin College in Grand Rapids, Michigan and her Master of Social Work degree from the University of Illinois @ Chicago. Rachel has served as an adjunct professor at Trinity Christian College and is currently serving as a member of their Social Work Advisory Board.

Juan-Sebastian Saldívar, MD, FACMG, received his MD from the UT Southwestern Fellowships include Medical Genetics & Clinical Molecular Genetics at Harvard. Board certified Clinical Molecular Genetics & Molecular Genetic Pathology Fellow of American College of Medical Genetics & AMP & American Society of Human Genetics & CAP.

Cheryl Sharp, MSW, ALWF, holds the unique perspective of a person who struggled with severe mental health challenges; a trauma survivor, a family member of a loved one who died as a result of mental health challenges, and a provider of substance abuse and mental health services. Sharp has worked with adult trauma survivors for over 30 years and trains and speaks internationally on trauma-informed care. Sharp is also an ordained minister. As the leader of the National Council’s Trauma-Informed Care Learning Communities, Sharp has led over 500 organizations in the implementation of trauma-informed care. Her work includes seven national learning and 10 state, local and regional learning communities. Ms. Sharp is also the project lead for the National Council’s crisis services and suicide prevention efforts. She received the Lou Ann Townsend Courage Award for her contributions to persons with psychiatric disabilities.

Christopher Shaw is the NP team leader of the Addictions Consult Team at the Massachusetts General Hospital in Boston. He is an Adult Nurse Practitioner and Psychiatric Mental Health Nurse Practitioner who is Addictions Certified (CARN -AP certified) by The International Nurses Society on Addictions.
Samuel Silverman, MD, FASAM, FAPA, Assistant Clinical Professor, University of Connecticut School of Medicine; Director of Medical Education 2014-, Program Director ABAM Fellowship 2013-, Rushford Center, a Hartford Healthcare Partner, Middletown CT 2000-; CT Chapter President, American Society Addiction Medicine (ASAM)2014-; Addiction Psychiatry Site Coordinator, Institute Of Living, Hartford; Board Certified: American Psychiatric Association; General Psychiatry American Psychiatric Association; Addiction Psychiatry American Society of Addiction Medicine (ASAM) American Board of Addiction Medicine (ABAM) Fellow American Psychiatric Association (FAPA) Fellow American Society of Addiction Medicine (FASAM)

Ann W. Smith, MS, LMFT, is the Executive Director at Breakthrough at Caron. Ann designed and directs Breakthrough at Caron, a 5 day personal growth workshop for adults. She is a licensed Marriage and Family Therapist and a frequent presenter at national conferences. Media interviews include Dateline NBC, NPR, Newsweek, Washington Post, Forbes Women, Wall Street Journal, Chicago Tribune and WebMD. She is the author of several books including her latest, Overcoming Perfectionism: Finding the Key to Balance and Self Acceptance, March 2013. Her blog “Healthy Connections” on Psychology Today’s website has had 650,000 views to date.

Ronald Smith, MD PhD is a Psychoanalyst and Psychiatrist in private practice in Washington DC. He was Chairman Dept. of Psychiatry at the National Naval Medical Center Bethesda MD and Psychiatric Consultant to the United States Congress for 20 years. He served on Congressional Delegations to the Middle East as the emergency physician and political psychoanalyst for 18 years.

Richard Soper, MD, JD, MS, FASAM, Diplomat-ABAM, has treated, consulted, advised, taught, mentored and counseled for over eighteen years in private practice, Nashville, Tennessee. He is and/or has been affiliated with national,regional,state and local health care facilities. Dr. Soper is founding and current Editor-in-Chief of ASAM e-weekly news journal and has been selected by Consumer’s Research Council of America as one of America’s Top Physicians. He currently serves on several medical organization committees and advisory boards. He has published articles in the addiction and recovery literature, has lead workshops, in-service training and continuing education activities.

David Sperling has worked in jail for over 20 years. 90% of the people I deal with struggle with addiction & destructive behavior. My education (BA Psychology, teaching credential & FBI certification in Crisis/Hostage Negotiations) has given me the ability to impact people in my work and speaking presentations. I have presented/taught in 500+ events ranging from tiny sober living homes to keynote presentations at CAADAC, CADDTP or CAADE to juvenile hall, prisons, county agencies & universities. My award-winning film, which I followed a man arrested over 500 times over an 18 year period has impacted 1000’s of people, kick starting conversations and sobriety worldwide.

Marsha Stone, JD, LCDC, is the Chief Executive Officer for the Benchmark Recovery Center, directing and overseeing all programs Men’s, Women’s, and Segue. She is an active member of the recovery community, providing help and hope through her own experience, as a seasoned speaker on local and national levels. Marsha is able to integrate her own battle with and triumph over addiction to helping others who are struggling with addictive disorders. Marsha holds a Bachelor of Arts degree in English and received her Juris Doctorate in 1999, with the distinction of Academic Excellence.

Robert Strauber developed the Recovery Oriented Community for Malvern. Rob is a National Certified Intervention Professional (CIP) as well as a Certified Recovery Specialist (CRS). His educational background includes a Bachelor’s degree from University of Tennessee.

Raymond Tamasi, M.Ed., LCSW, has 40 years of experience in developing and managing treatment programs, creating comprehensive continuums of care, speaking regionally and nationally on addiction and clinical innovations. I oversee a not-for-profit with a full range of prevention, intervention, and treatment services delivered in 175 beds and 7 outpatient clinics and provided by a staff of over 400.
Sarah Wakeman, MD, is the Medical Director for the Massachusetts General Hospital Substance Use Disorder Initiative, as well as Medical Director for Substance Use Disorders at the MGH Center for Community Health Improvement. She received her A.B. from Brown University and her M.D. from Brown Medical School. After training in internal medicine and serving as Chief Medical Resident at Massachusetts General Hospital, Dr. Wakeman was appointed to a faculty position at MGH and instructor in Medicine at Harvard Medical School. She is a diplomat of the American Board of Addiction Medicine. Clinically she provides specialty addiction care in the inpatient and outpatient setting, and primary care at the MGH Charlestown Health Center. Dr. Wakeman’s academic interest is in developing, applying, and evaluating innovations in addiction medicine to improve the quality of care and the patient experience. She is also interested in enhancing addiction education for physicians, incorporating addiction treatment into general medicine, and combating stigma.

Robert Weiner, Former spokesman, White House Office of National National Drug Control Policy under Drug Czar/4-Star General Barry McCaffrey, the House Government Operation Committee under Chairman Cong. John Conyers, and the House Narcotics Committee under chairman Cong. Charles Rangel. He was Chief of Staff of House Aging Committee and Health Subcommittee under Chairman Cong. Claude Pepper. He has been media consultant for World Anti-Doping Agency, Amer Trial Lawyers Association, National Association of Drug Courts (and Veterans Courts), and still for Gen. Barry McCaffrey; He is National Press Club Newsmakers event coordinator; White House and Congress correspondent, with 600 opeds in top 100 papers via the Solutions for Change Foundation Bob heads supporting young journalists writing by-lined columns in top papers. He is a national radio-TV commentator and was director of the press briefing room at the 2012 and 2008 Democratic National Conventions.

Mary Woods, RNC, LADC, MSHS, is the CEO of WestBridge, a treatment center for men 18 and over who experience co-occurring mental illness and substance use disorders. She is a Register Nurse, a Licensed Alcohol and Drug Abuse counselor and has a Master’s degree in Human Services Administration.

Stephen Wyatt, DO, completed a NIDA Clinical Research Fellowship at the Yale School of Medicine. He is an addiction psychiatrist at Middlesex Hospital in Connecticut. He is the Past President of the Connecticut Society of Addiction Medicine and the American Osteopathic Academy of Addiction Medicine, and is on the Exec. Board of Mental Health and Addiction Services in Connecticut. He has been active in all levels of medical education. He is a Co-PI, on two SAMHSA initiatives, the Provider’s Clinical Support System (PCSS) for Medication Assisted Treatment, and Opioids. He is a co-chair of the CSAT Buprenorphine Expert Panel and a consultant on the use of buprenorphine for the Federation of State Medical Boards.
Ask for Cape Cod Symposium rate of $145.00
Sweet Dreams Bedding, 42-inch flat screen LCD TVs, renovated guest rooms, featuring DoubleTree by Hilton sightseeing. Our Facilities include 160 stylish and newly front district, and many other local area attractions and entertainment and fun family activities. Both indoor and outdoor theme pools, year-round everyone: comfortable rooms and luxury suites, award- here for you at this resort that offers something for adventure activities the Cape is known for. It's all Cape Cod's most acclaimed full service resort is www.capecodderresort.com (855) 861-4370 Hyannis, MA 02601 1225 Iyannough Road OVERFLOW Hotels
The Cape Coddler Resort & Spa 1225 Iyannough Road Hyannis, MA 02601 (855) 861-4370 Ask for Cape Cod Symposium rate of $145.00 www.capecodderresort.com Cape Cod’s most acclaimed full service resort is centrally located in Hyannis, convenient to the scenic roads, sandy beaches, historic attractions, and outdoor adventure activities the Cape is known for. It’s all here for you at this resort that offers something for everyone: comfortable rooms and luxurious suites, award-winning dining options, a full-service Beach Plum Spa, both indoor and outdoor theme pools, year-round entertainment and fun family activities.
DoubleTree by Hilton Hotel Cape Cod - Hyannis 287 Iyannough Road Hyannis, Massachusetts, 02601 1-508-771-1700 RATE: $145 per night www.capecod.doubletree.com Hyannis is the new home of the first and only Double-Tree by Hilton property on Cape Cod. With a convenient location in the heart of Cape Cod, the completely renovated DoubleTree by Hilton Cape Cod Hyannis features modern, upscale accommodations and amenities. We're walking distance to Historical Hyannis Main Street featuring a range of restaurants and boutique shopping and only minutes from beaches, Hyannis harbor waterfront district, and many other local area attractions and sightseeing. Our facilities include 160 stylish and newly renovated guest rooms, featuring DoubleTree by Hilton Sweet Dreams Bedding, 42-inch flat screen LCD TVs, large work spaces and refrigerators. Get your workout in at our expansive Cape Cod Fitness Center equipped with state-of-the-art equipment available on a complimentary basis to our guests. The hotel also features complimentary Wi-Fi internet access, indoor and outdoor pools and three on site restaurants including the Ivy Room / Breakfast Restaurant, Vyne offering dinner and gourmet brick oven pizza and Vesta, our lobby lounge.
Getting to the Hotel
Those booking flights may wish to indicate Hyannis (Barnstable Municipal Airport) as their final destination as the major airlines have connecting flights from Boston to Hyannis. As an alternative the Plymouth & Brockton Street Railway Co. offers hourly bus service from your terminal at Boston’s Logan Airport to Hyannis for about $47.00 RT.
Fare and Schedules:
General Offices: 508 746-4795 or http://www.p-b.com/ From Boston – Logan Airport:
Follow Route 93 South to Route 3 South to the Sagamore Bridge onto Route 6 East. Follow Route 6 East to Exit 7. Take a left at the end of the exit. Continue straight through the set of lights to the end. Take a right and continue straight to the end of Main Street until you reach a rotary (traffic circle). Take the 3rd exit just after the Paddock Restaurant. Resort and Conference Center at Hyannis will be on your left.
From Western Massachusetts:
Follow Route 495 South to Route 25 East to the Bourne Bridge and merge onto the rotary (traffic circle). Take the 4th exit off the rotary (IHOP will be on your left). Follow until you reach a set of traffic lights. Take a right at the lights onto Route 6 East. Follow Route 6 East to Exit 7. Take a left at the end of the exit and continue straight through set of lights to the end and take a right. Continue straight to the end of Main Street until you reach a rotary (traffic circle). Take the 3rd exit just after the Paddock Restaurant. Resort and Conference Center at Hyannis will be on your left.
From New York, Connecticut and Rhode Island:
Follow Route 95 North to Route 195 East to Route 25 to the Bourne Bridge. At the rotary (traffic circle) take the 4th exit (IHOP will be on your left). Follow until you reach a set of traffic lights. Take a right at the lights onto Route 6 East. Follow Route 6 East to Exit 7. Take a left at the end of the exit and continue straight through set of lights to the end and take a right. Continue straight to the end of Main Street until you reach a rotary (traffic circle). Take the 3rd exit just after the Paddock Restaurant. Resort and Conference Center at Hyannis will be on your left.
From Falmouth:
Follow Route 28 South to the Mashpee Rotary. Take your 2nd exit off the rotary following the signs to Hyannis. Follow Route 28 for approximately 12-14 miles (you will travel through 4 sets of lights). Just before the 5th light merge to the right off of Route 28 to West Main Street. Follow West Main Street to the end and take the exit just after the Paddock Restaurant. Resort and Conference Center at Hyannis will be on your left.
Airports:
Logan Airport (Boston, MA) TF Green Airport (Providence, RI) Barnstable Municipal Airport (Hyannis, MA) Buses Serving Hyannis Area:
Plymouth & Brockton – (508) 746-0378
Join us for these educational conferences
C4 Recovery Solutions Events

Cape Cod Symposium on Addictive Disorders
September 10-13, 2015
Resort & Conference Center, Hyannis, MA
www.ccsad.com

West Coast Symposium on Addictive Disorders
June 2-5, 2016
La Quinta Resort & Spa, La Quinta, CA
www.wcsad.com

Clinical Overview of the Recovery Experience
July 10-13, 2016
Omni Amelia Island Plantation Resort, FL
www.core-conference.com

The mission of C4 Recovery Solutions, Inc., a non-profit organization, is to improve the accessibility of addiction treatment, and to promote long-term recovery solutions. C4 uses 4 Cs - Collaboration, Convening, Conferencing, and Consultation to achieve its goals.
EXAMINING CORE ISSUES

The Meadows’ family of treatment centers provides holistic care that heals mind, body, and spirit. We do this by examining the **CORE ISSUES** and subsequent developmental patterns that have contributed to unhealthy behaviors, and treating the underlying cause — unresolved psychological trauma. This approach is the foundation of our specialized treatment programs, including:

**THE MEADOWS** is the nation’s premier inpatient treatment center for trauma, addiction, and co-occurring disorders, such as codependency, mood disorders, issues with intimacy or spirituality, and negative control issues. Our world-renowned Senior Fellows, signature Survivors Workshop, innovative Brain Center, and dedicated Trauma Department set us apart.

**CLAUDIA BLACK YOUNG ADULT CENTER**, designed for young adults struggling with dual diagnosis and failure to launch issues, embraces the whole family in the treatment process while focusing on brain regulation. Claudia Black, Ph.D., is not only the clinical architect of this ground-breaking treatment program, but is actively involved with the treatment team, as well as with patients and their families.

**GENTLE PATH AT THE MEADOWS** offers confidential inpatient treatment for men who battle sexual addiction, relationship addiction, and sexual anorexia. We integrate sex addiction expert, Dr. Patrick Carnes’ methodology with The Meadows Model and Survivors Week to concurrently address sex addiction and trauma.

**REMUDA RANCH AT THE MEADOWS** provides individualized treatment for eating disorders and co-occurring conditions affecting adolescent girls and women. We offer an acute level of care, as well as inpatient and residential programming. Treatment includes family integration, Equine Assisted Psychotherapy, nutritional rehabilitation, and practical culinary training.

*We are experts in trauma and addiction treatment, and we succeed when others fail. Contact us today to learn more.*

THE MEADOWS®

800/244-4949 | www.themeadows.com
Please see updated CE information at www.ccsad.com under Program/CE Information

Alcoholism and Drug Abuse Counselors – Application submitted to the Massachusetts Board of Substance Abuse Counselor Certification (MVCVCAC/ MBSACC). MBSACC is a member of the IC & RC (International Certification & Reciprocity Consortium).

American Academy of Health Care Providers in the Addictive Disorders – (an international certifying body) has approved C4 Recovery Solutions to offer Continuing Education credit for Certified Addiction Specialists in accordance with the Academy’s guidelines. Approved for up to 32.5 CE Credit Hours towards the CAS credential.

Certified Eating Disorders Specialist (CEDS) – application has been submitted to iaedp for The Rosewood Institute sessions for 1.5 hrs each (1 hour for #250) of eating disorders specific continuing education for iaedp certification renewals, and approved supervisor renewals, for up to a maximum of 13 hours. (Rosewood Institute Sessions Include: #201, #231, #250, #257, #282, #302, #331, #357, #382).

Certified Eating Disorders Registered Dietitian (CEDRD) – application has been submitted to iaedp for The Rosewood Institute sessions for 1.5 hrs each (1 hour for #250) of eating disorders specific continuing education for iaedp certification renewals, and approved supervisor renewals, for up to a maximum of 13 hours. (Rosewood Institute Sessions Include: #201, #231, #250, #257, #282, #302, #331, #357, #382).

Chemical Dependency Counselors – This course is sponsored by C4 Recovery Solutions. Approved Education Provider Program for a maximum of 32.5 Contact Hours, Approval #000507. This course deals with Counselor Skill Groups: Ongoing Treatment Planning, Counseling Services.

CCMHC – (Certified Clinical Mental Health Counselor) – Application has been submitted for review and approval for Certified Clinical Mental Health Counselor (CCMHC) to the National Board for Certified Counselors.

Employee Assistance Professionals – Application has been submitted to EACC for up to 32.5 PDHs.

MAC – (Master Addictions Counselor) – Application has been submitted for review and approval for Certified Clinical Mental Health Counselor (CCMHC) to the National Board for Certified Counselors.

Marriage and Family Therapists – Application has been submitted for up to 32.5 CEs.

Mental Health Counselors – Application has been submitted for review and approval for Certified Clinical Mental Health Counselor (CCMHC) to the National Board for Certified Counselors.

NCC – (National Certified Counselor) – Application has been submitted for review and approval for Certified Clinical Mental Health Counselor (CCMHC) to the National Board for Certified Counselors.

Nurses – Application has been submitted for up to 32.5 CEs.

Psychologists – This course is co-sponsored by Amedco and C4 Recovery Solutions. Amedco is approved by the American Psychological Association to offer continuing education for psychologists. Amedco maintains responsibility for this program. Maximum of 32.5 CEs.

Physicians – Please view the information at www.ccsad.com under the Program/CE Information tab.

Professional Counselors – Application has been submitted for review and approval for Certified Clinical Mental Health Counselor (CCMHC) to the National Board for Certified Counselors.

Rehabilitation Counselors – Application has been submitted for up to 32.5 CEs.

Social Workers – Application has been submitted for review and approval to the National Association of Social Workers for review and approval for 32.5 Substance Use Disorders social work continuing education contact hours (NASW approval not accepted for California, Michigan, North Carolina or West Virginia)
TO REGISTER
Please complete this form and forward with payment by mail or fax with credit card information to:
CCSAD Registration PO Box 622588, Bronx, NY 10462. 1-347-945-0799/ FAX 1-347-964-6944
Email Questions to ccsadhelp@c4recovery.org.

MAIN SYMPOSIUM (Thursday evening – Sunday noon)
THURSDAY, SEPTEMBER 10, 2015
Opening Plenary & Hors d’oeuvres Reception — 199 (Circle if attending. If you do not mark, you will be unable to attend this event.)

FRIDAY, SEPTEMBER 11, 2015
AM Plenary Workshop — (choose one) 200 or 201 OR
Morning Workshop — (choose one) 225 or 226 or 227 or 228 or 229 or 230 or 231
Luncheon — 250 (Circle if attending. If you do not mark, you will be unable to attend this event.)
Early Afternoon Workshop — (choose one) 251 or 252 or 253 or 254 or 255 or 256 or 257 and
Late Afternoon Workshop — (choose one) 275 or 276 or 277 or 278 or 279 or 280 or 281 or 282
Evening Plenary — 297 or 298
Evening Event (No CEs) — 299

SATURDAY, SEPTEMBER 12, 2015
Morning Plenary — (choose one) 300 or 301 or 302
Morning Workshop — (choose one) 325 or 326 or 327 or 328 or 329 or 330 or 331
Luncheon — 350 (Circle if attending. If you do not mark, you will be unable to attend this event.)
Early Afternoon Workshop - (choose one) 351 or 352 or 353 or 354 or 355 or 356 or 357 and
Late Afternoon Workshop - (choose one) 375 or 376 or 377 or 378 or 379 or 380 or 381 or 382
Evening Workshop — 399 (Lobsterbake: Extra $15 fee applies per person.)

SUNDAY, SEPTEMBER 13, 2015
Early Morning Plenary — (choose one) 400 or 401 (ASAM or AAAP members only)
Closing Plenary — (choose one) 425 or 426

OPTIONS
PRE–SYMPOSIUM (Additional $125)
Thursday, September 10, 2015
All Day Workshop — (choose one) 100, 101, 102 or 103 or 104 OR
Morning Workshop — 125 AND
Afternoon Workshop — 150

POST–SYMPOSIUM (Additional $60)
Sunday, September 13, 2015
Luncheon (Check if attending. If you do not mark, you will be unable to attend this event. Post Symposium registrants only.)
Post -Symposium Workshop — (choose one) 500, 501, or 502
SYMPOSIUM REGISTRATION FEES
A Symposium Registration (Thursday evening – Sunday noon) includes all presentations, the Opening Reception, all Coffee/Beverage Breaks, Breakfast, and Friday & Saturday luncheon.

Main Symposium (Thursday Evening – Sunday Noon)
Early Registration through 8-15-15 $425
Registration On / After 8-16-15 $475

SPECIAL RATES
Group Rate (3 or more registrations at the same time – Symposium only)
Early Registration through 8-15-15 $375
Registration On / After 8-16-15 $425

Spouse $260 Symposium – Thursday pm through Sunday noon only – No CEs
Student $180 Symposium – Thursday pm through Sunday noon only – No CEs

Physicians’ LobsterBake Dinner (per person) $15
Golf Tournament Thursday 8:00 am (includes 18 holes and a cart) $110
Pre-Symposium (#100 - 150) (Thursday 8:30 – 5:00) $ 125
Post-Symposium (#500 - 502) (Sunday 12:00 – 5:00 includes lunch) $ 60

Total Registration Fee Enclosed $ ______________

NAME BADGE
Please print your name, credentials, organization, city and state as you wish them to appear on your name badge:

NAME BADGE
Please print your name, organization, city and state to appear on your name badge:
Name ____________________________
Credentials ________________________
Organization _______________________

MAILING ADDRESS
Street ____________________________
City/State/Zip ______________________
Phone ____________________________
Fax ________________________________
E-Mail ____________________________

Student Discount: For Student Discount: Academic Advisor’s Signature is required in space below and a photocopy of student ID must accompany this registration.

PAYMENT INFORMATION
Check # ______________ Please make check payable to C4 Recovery Solution/CCSAD.
Payment must be made in U.S. currency.
Refund requests postmarked or emailed less than 30 days, but prior to 14 days from the start of the conference - will receive a 50% refund, less an administrative fee of $35.00. Request for refunds received within 14 days of the conference will not be considered.

CREDIT CARD

Visa □ Mastercard □ American Express □ Discover □
Expiration Date ____________________

(For bank verification purposes, please include the address where you receive your credit card statement.)

MISC INFORMATION
How did you find out about CCSAD event?

□ Direct Mail □ Internet Search □ Promotional Email □ Website
□ Colleague □ Facebook □ Twitter □ Linked In
□ Fax □ Phone Call □ Other: ____________ □ Previous Attendee
CCSAD is excited to announce a special collaboration with the newly founded International Association of Family Addiction Professionals (IAFAP). IAFAP will be hosting its 3rd conference in conjunction with CCSAD 2015. The mission of IAFAP is to educate and support family addiction professionals in their work with their families. The association will share information, experience, and best practices; focus on solutions; and provide mentoring for the next generation of professionals. There are up to 10 CEs and 6 workshops that are family focused.

For more information or to join IAFAP, visit www.IAFAP.net or contact Janet Fluker at Janet@IAFAP.net or 678-805-5118. Also, connect with IAFAP on Facebook.

Graduate Student & Early Career Poster Competition
2015 Cape Cod Symposium on Addictive Disorders (CCSAD)
2016 West Coast Symposium on Addictive Disorders (WCSAD)

Persons submitting a poster proposal must be the first author and be matriculated graduate students in a masters or doctoral program in psychology or a related health sciences field (e.g., counseling, social work, psychiatry) OR individuals who have received their terminal degree within the past three years.

The poster judged to be the best of the submissions will receive the Early Investigator Research Award, and will receive a $500 honorarium contributed by C4 Recovery Solutions, two nights of lodging at the conference hotel, and up to $750 in travel reimbursement. In addition, three honorable mentions will be awarded to those posters judged to indicate exceptional worthiness, and will each receive a $250 honorarium plus two nights of lodging at the conference hotel.


Please submit all procedures and poster questions electronically to Education & Training Committee Co-Chairs, Steven Proctor, M.A., and Al Kopak, Ph.D., at C4ResearchCommittee@gmail.com.
Featured Faculty

- Matt Feehery, MBA, LCDC
- Greg Gable, PsyD
- Mark Gold, MD
- Dan Griffin, MA
- Barbara Herbert, MD, FASAM
- Norman Hoffmann, PhD
- Robert Mooney, MD, MAC FABAM
- Bess O'Brien
- John O'Neil, LCSW, LCDC, CAS, CART
- Cheryl Sharp, MSW, ALWF
- Richard Soper, MD, JD, MS, FASAM, DABAM

Register Online at www.ccsad.com

C4 Recovery Solutions
926 Cambridge Drive SE
Grand Rapids, MI 49506